

ROCKY HILL PUBLIC SCHOOLS  
CHRONIC HEALTH CONDITIONS MANAGEMENT PLAN

The Rocky Hill Public School Board of Education recognizes the importance of providing safe and effective health services for students with chronic medical conditions, including but not limited to potentially life threatening allergies (i.e. food, insect stings, medications, chemicals).

The Rocky Hill Public School District shall undertake the following actions to promote safe and effective health care for students.

**1. Process for the Identification of Students with significant Chronic Health Conditions**

- Completion of Rocky Hill Public Schools Health History Questionnaire by all parents/guardians of new registrations and Pre-Kindergarten Interview for all incoming kindergarten students.
- Annual completion Student Information Card by all parents/guardians.
- Review of health records submitted by parent/guardian and health care provider by school nurse.
- Interview of parent/guardian by school nurse.

**2. Process for Annual Development of Individualized Health Care Plan**

- The school nurses, using the nursing process, will assess each student with a significant chronic health condition and in collaboration with the parent/guardian, health care provider, administrator, classroom teachers and student (if appropriate), develop an Individualized Health Care Plan/ Individualized Emergency Care Plan consistent with their needs. The plan(s) will be reviewed annually and revised as needed.

**3. Administration of Medications**

- Medications will be administered following Rocky Hill BOE policy and procedures regarding the Administration of Medication by School Personnel in compliance with CGS, Section Sections 10-212a and Sections
- 10-212a-1 through 10-212a-7 of the Regulations of the Connecticut State Agencies.
- RHPS procedure also includes standing orders from the School Medical Advisor for the school nurse or licensed R.N. substituting for the school nurse to administer epinephrine to students who are not known to have a life threatening allergy, do not have their own medication and have their first anaphylactic reaction in school.

#### **4. Communication**

- Communication and privacy issues between relevant school staff, families and the student's health care providers will meet all federal, state and local standards.
- All schools shall have a facility specific communication system available to summon help to any location in an emergency.

#### **5. Provisions for Initial and Ongoing Education for the School Community**

- General information regarding significant chronic illness will be given to all staff annually.
- Specific information regarding individual students will be provided by the school nurse to relevant school staff in a confidential manner on a need to know basis.
- School nurses will remain current on chronic illness and will be provided an opportunity to update clinical knowledge and skills.
- Information about chronic health conditions will be included in material given or sent to parents.
- School nurses will be a resource for classroom teachers regarding information about chronic health conditions to provide for peers of students who have chronic health conditions.
- School nurses will work individually with students with chronic health conditions to provide ongoing developmentally appropriate education and training as needed promoting self advocacy and competence in self care

#### **6. Prevention Measures**

- Each school will use appropriate measures to prevent exposure to allergens or other potential situations, which may exacerbate a chronic health condition.

#### **7. Food Service and Safety Considerations**

- The School Services Director has the responsibility to insure that the school food services facilities are operated in compliance with state and local regulations.
- The school district food service department will consider students with chronic health conditions in their policies and procedures.

#### **8. Monitoring Effectiveness of District Plan and Procedures**

- The district plan will be monitored annually by the School Nurses, Director of Special Education and Pupil Services and the School Medical Advisor.
- The plan will be monitored/assessed after each emergency precipitated by a chronic health condition.
- New research and practices will be considered in the annual plan review.