

NOVEMBER 2023

Dawson Springs

This Institution is an equal opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday



6
Grilled Cheese or Rib Sandwich, Tater Tots, Broccoli, Coleslaw, Tomato Soup, Fruit, or Juice & Milk

7
Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk

8
Chicken Fried Steak or Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

9
Hamburger or Cheeseburger, Fries, Pork-n-Beans, Lettuce/Tomato, Fruit or Juice & Milk

10
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

13
Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Stir Fry Veggies, Side Salad, Egg Roll, Roll, Fruit or Juice & Milk

14
Rotini w/Garlic Bread, or Meatball Sub, Baby Bakers, Corn on the Cob, Side Salad, Fruit or Juice & Milk

15
Thanksgiving Dinner

16
Chicken Quesadilla or Crispito w/Queso, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

17
Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

20
BBQ Sandwich or Hotdog, Tater Tots, Baked Beans, Coleslaw, Fruit or Juice & Milk

21
Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk

22
T H A N K S G I V I N G
23
B R E A K
24

27
Chili, Chili Dog or Hotdog, Baked Potato Coleslaw, Fritos, Fruit or Juice & Milk

28
Lasagna w/Garlic Bread, or Calzone w/Marinara, Corn on the Cob, Broccoli, Side Salad, Fruit or Juice & Milk

29
Chicken Fried Steak or Turkey Roast, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

30
Tacos or Chicken Quesadilla, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk



Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

- Monday: Sausage Biscuit or Mini Pancakes
- Tuesday: Breakfast Pizza or Cinnamon Roll
- Wednesday: Egg & Cheese Biscuit or Mini Donuts
- Thursday: Chicken Biscuit or Banana Bread
- Friday: Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

- Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
- Ham & Cheese Sandwich
- Ham or Turkey & Cheese Wrap
- Pizza Lunchable
- Chef Salad w/Roll

Menu is subject to change without notice