



GHOLSON ISD  
JANUARY 2026- BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1.  NO SCHOOL	2.  NO SCHOOL
4.  NO SCHOOL  STAFF DEVELOPMENT	5. BREAKFAST BAR w/TOAST CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	6. PANCAKE ON A STICK CEREAL TOAST APPLESAUCE JUICE MILK	7. BREAKFAST PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	8. APPLE CINNAMON MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
12. SAUSAGE, EGG & CHEESE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	13. POWDER DONUTS CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	14. STRAWBERRY CREAM CHEESE BAGEL CEREAL TOAST APPLESAUCE JUICE MILK	15. SAUSAGE & CHEESE KOLACHE CEREAL TOAST MANDARIN ORANGES JUICE MILK	16. CHOCOLATE DONUTS CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
19.  NO SCHOOL	20. DONUT CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	21. WAFFLES/SAUSAGE LINK CEREAL TOAST APPLESAUCE JUICE MILK	22. SCRAMBLED EGGS w/TOAST CEREAL TOAST MANDARIN ORANGES JUICE MILK	23. BLUEBERRY MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK
26. SAUSAGE BISCUIT CEREAL TOAST STRAWBERRIES JUICE MILK	27. CINNAMON ROLL CEREAL GRAHAM CRACKERS PINEAPPLES JUICE MILK	28. FRENCH TOAST STICKS CEREAL TOAST APPLESAUCE JUICE MILK	29. BAGEL PIZZA CEREAL TOAST MANDARIN ORANGES JUICE MILK	30. CHOCOLATE MUFFIN CEREAL GRAHAM CRACKERS BLUEBERRIES JUICE MILK

**\*MENU IS SUBJECT TO CHANGE\***

Offer versus Serve Regulation is implemented in this school.

For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable.

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