

September

Monday

2

Tuesday

3

Sausage and Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Sliced Strawberries
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

Wednesday

4

Chicken Patty & Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Fruit Bowl
Blushing Chilled Pears
Assorted Jellies
Low Fat Milk
Chocolate Milk

Thursday

5

Breakfast Sausage Pizza
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Fresh Fruit Bowl
Low Fat Milk
Chocolate Milk

Friday

6

Bacon/Egg/Chee on Croiss
Croissant
Assorted Cold Cereals
Assorted Muffin Loaves
Fruit Cocktail
Fresh Grapes
Assorted Jellies
Low Fat Milk
Chocolate Milk

9

Waffle
Breakfast Chicken Patty
Assorted Cold Cereals
Assorted Muffin Loaves
Chilled Peaches
Fresh Oranges
Pancake Syrup
Low Fat Milk
Chocolate Milk

10

Ham Slice
Whole Grain Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Fruit Bowl
Blushing Chilled Pears
Assorted Jellies
Low Fat Milk
Chocolate Milk

11

Cheese Omelet
Bacon Strips
Croissant
Assorted Cold Cereals
Assorted Muffin Loaves
Tropical Fruit
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

12

French Toast Sticks
Choice of Strawberry &
Blueberry Yogurts
Assorted Cold Cereals
Assorted Muffin Loaves
Blushing Chilled Pears
Fresh Bananas
Pancake Syrup
Low Fat Milk
Chocolate Milk

13

Grilled Cheese Sandwich
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Fruit Bowl
Sliced Strawberries
Low Fat Milk
Chocolate Milk

16

Pancakes
Ham Slice
Assorted Cold Cereals
Assorted Muffin Loaves
Fresh Fruit Bowl
Sliced Strawberries
Pancake Syrup
Low Fat Milk
Chocolate Milk

17

Sausage and Biscuit
Assorted Muffin Loaves
Assorted Cold Cereals
Pineapple Tidbits
Assorted Fruit Juices
Assorted Jellies
Low Fat Milk
Chocolate Milk

18

Apple Frudel
Assorted Cold Cereals
Assorted Muffin Loaves
Pineapple Tidbits
Fresh Fruit Bowl
Low Fat Milk
Chocolate Milk

19

Hot Grits
Whole Wheat Toast
Bacon Strips
Assorted Cold Cereals
Assorted Muffin Loaves
Fruit Cocktail
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

20

Breakfast Burrito
Assorted Muffin Loaves
Assorted Cold Cereals
Assorted Fruit Juices
Fresh Fruit Bowl
Salsa
Low Fat Milk
Chocolate Milk

23

Cinnamon Crunch Filled Pastry
Assorted Cold Cereals
Assorted Muffin Loaves
Mandarin Fruit Cup
Assorted Fruit Juices
Low Fat Milk
Chocolate Milk

24

Bagel w/ Sausage & Gravy
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Fresh Fruit Bowl
Low Fat Milk
Chocolate Milk

25

Bacon/Egg/Chee on Croiss
Croissant
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

26

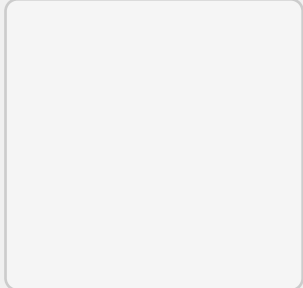
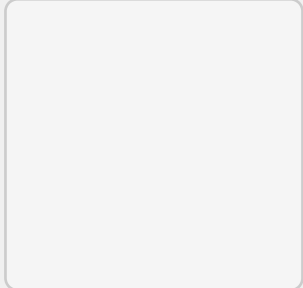
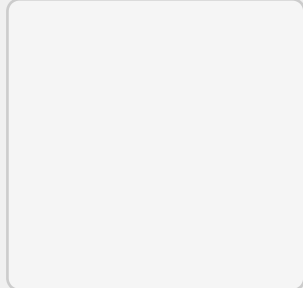
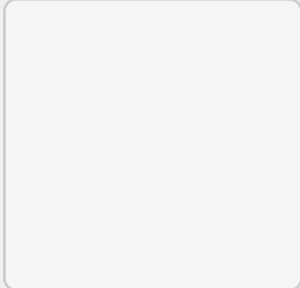
Sausage & Pancake
on a Stick
Pancake Syrup
Assorted Cold Cereals
Assorted Muffin Loaves
Assorted Fruit Juices
Fresh Fruit Bowl
Low Fat Milk
Chocolate Milk

27

Hot Oatmeal
Crispy Toast
Assorted Cold Cereals
Assorted Muffin Loaves
Fruit Cocktail
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk

30

Sausage and Biscuit
Assorted Cold Cereals
Assorted Muffin Loaves
Sliced Strawberries
Fresh Fruit Bowl
Assorted Jellies
Low Fat Milk
Chocolate Milk



**GPSD K-12th Breakfast
Menu Subject to Change**

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