



# OCTOBER 2024

## Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza

Buffalo Chicken Pizza

Chicken Salad

Blueberry Yogurt Parfait

Strawberry Yogurt Parfait

Adult Meal Price - \$4.75

Milk Offered Daily:  
Fat Free or 1%

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1  
Hard Shell Tacos  
Mexican Street Corn  
Fresh Veggie Boat  
Cheezy Pizza Hummus  
Whole Apple  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

2  
Popcorn Shrimp with  
Macaroni & Cheese  
Diced Seasoned Potatoes  
Fresh Sliced Cucumbers  
Chilled Mandarin Oranges  
Dried Apple Crisps  
Dried Cherries  
Cherry Star Juice  
Choice of Milk

3  
Mustang Hoagie  
Steamed Green Beans  
Cucumber/Tomato Salad  
Fresh Apple Slices  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

4  
Breaded Mozzarella Sticks  
California Vegetable Blend  
Fresh Broccoli  
Diced Peaches  
Dried Apple Crisps  
Dried Cherries  
Fruit Punch Juice  
Choice of Milk

7  
Deli Turkey & Cheese Croissant  
Emoticon Fries  
Fresh Sliced Celery  
Fresh Banana  
Dried Apple Crisps  
Dried Cherries  
Grape Juice  
Choice of Milk

8  
Taco Dip with Tostitos  
Mixed Vegetables  
Fresh Veggie Boat  
Cinnamon Applesauce Cup  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

9  
General Tso Chicken with  
Vegetable Fried Rice  
Vegetable Egg Roll  
Steamed Broccoli  
Fresh Sliced Red Peppers  
Chilled Pineapple Chunks  
Dried Apple Crisps/Dried Cherries  
Cherry Star Juice  
Choice of Milk

10  
Italian Meatball Bowl  
With Dinner Roll  
Sweet Potato Waffle Fries  
Apple/Zucchini Salad  
Strawberry Cup  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

11  
Popcorn Chicken with  
Garlic Breadstick  
Steamed Peas  
Cool Ranch Chickpeas  
Diced Peas  
Dried Apple Crisps/Dried Cherries  
Fruit Punch Juice  
Choice of Milk  
Chocolate Ice Cream Sundae

14  
No School

15  
Chicken Fajitas  
Mexican Street Corn  
Fresh Veggie Boat  
Whole Apple  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

16  
Tomato Soup with  
Toasted Cheese Sandwich  
Steamed Peas & Carrots  
Fresh Sliced Cucumbers  
Chilled Mandarin Oranges  
Dried Apple Crisps  
Dried Cherries  
Cherry Star Juice  
Choice of Milk

17  
Popcorn Chicken Bowl  
With Dinner Roll  
California Vegetable Blend  
Broccoli Salad  
Fresh Apple Slices  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

18  
Mini Corn Dogs  
Baked Beans  
Fresh Broccoli  
Diced Peaches  
Dried Apple Crisps/Dried Cherries  
Fruit Punch Juice  
Choice of Milk  
Vanilla Pudding

21  
BBQ Pork/Bun  
Steamed Corn  
Coleslaw  
Fresh Banana  
Dried Apple Crisps  
Dried Cherries  
Grape Juice  
Choice of Milk

22  
Taco In a Bag  
Steamed Carrots  
Fresh Veggie Boat  
Cinnamon Applesauce Cup  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

23  
Chicken & Waffles with Gravy  
Hash Brown Rounds  
Fresh Sliced Red Peppers  
Chilled Pineapple Chunks  
Dried Apple Crisps  
Dried Cherries  
Cherry Star Juice  
Choice of Milk

24  
Pierogi's, Sausage Patty  
& Garlic Breadstick  
Steamed Green Beans  
Cucumber/Tomato Salad  
Strawberry Cup  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

25  
Scrambled Eggs with  
Funnel Cake Sticks  
Hash Brown Rounds  
Cool Ranch Chickpeas  
Diced Peas  
Dried Apple Crisps/Dried Cherries  
Fruit Punch Juice  
Choice of Milk  
**EARLY DISMISSAL**

28  
Deli Ham & Cheese  
on Pretzel Bun  
Mixed Vegetables  
Fresh Baby Carrots  
Chocolate Brownie Batter Hummus  
Chilled Mixed Fruit  
Dried Apple Crisps/Dried Cherries  
Grape Juice  
Choice of Milk

29  
Chicken Quesadilla  
Steamed Vegetables  
Fresh Veggie Boat  
Chocolate Brownie Batter Hummus  
Whole Apple  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk

30  
Philly Cheese Steak Sandwich  
Potato Wedges  
Fresh Sliced Cucumbers  
Chilled Mandarin Oranges  
Dried Apple Crisps  
Dried Cherries  
Cherry Star Juice  
Choice of Milk

31  
Chicken Puff Pastry  
With Garlic Knot  
Mashed Potatoes  
Apple/Zucchini Salad  
Fresh Apple Slices  
Dried Apple Crisps  
Dried Cherries  
Choice of Milk  
Pumpkin Ice Cream

To qualify as a free lunch, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements  
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:  
<https://www.schoolcafe.com/PortageASD>