

2025-2026 North Zulch I.S.D. - School Health Advisory Council (SHAC) Meeting Minutes
Wednesday, February 25, 2026

C. Lucherk took attendance and advised the group that this meeting will be recorded and posted to the website. Meeting #3 started at 1:30p.m.

Individuals in attendance:

Mr. May, principal	Ms. Pope, principal
Mrs. Afshar, parent	Mrs. Lucherk, nurse
Mrs. Craigo, parent	Mr. Compton, superintendent
Mrs. Wilson, parent	Ms. Batten, counselor
Mrs. Beal, cafeteria	Mrs. Kirk, parent
William K, student	Mr. Srader, SRO

Department Updates:

Nurse: Fluctuations in illnesses, typical springtime illnesses have arrived. Screenings are being completed for state report in June. The annual SHAC report will be completed after May meeting and be presented in June to the school board.

Cafeteria: Many a la carte options available, students are consuming. Many children requesting seconds and thirds for lunch, spike noticed and being handled. Share table offered and utilized.

SRO: Up to date on drills. Secure drill for safety precautions on 02/24/2026 due to events in Normangee, TX. All students in external buildings are brought into the main building for safety. Next school year, AED/CPR drill will be incorporated with safety drill.

Mr. May: Shattered dreams to be completed 02/26 and 02/27. Parents have

Mrs. Kirk discussed increased communication appreciated by parents expressed at PTO meetings.

Ms. Batten: 8th graders completed 3 sessions of Youth achieving mental health. Two more sessions to complete. 4 students completed TCHAT referrals sourced out to TAMU.

Ms. Pope: To encourage increased hand washing and utilizing air purifiers due to increased illnesses in elementary.

Mrs. Kirk: PTO update: Working hard to support school efforts via prom closet and Bulldog Bunker. Meeting set up with Ms. Grove to support efforts for outdoor classroom/seating area, aligns with efforts to improve school and employee wellness. Teachers were seeking space to teach outdoors and increase employee wellness. Asked are there any ways or any items that may help improve employee wellness. Employees are utilizing new weight room. Extra gloves, wipes and cleaning materials left in the gym for sanitation after each use. Staff utilizing track on nice days. Through Tx Dept of Ag. Has local wellness policies grant. Workshops will be help across the state. If workshop close to our area, would be nice for NZISD to have team go to ensure the wellness police and implementation plan established, will work on concession stand policies. Goal is to enhance more opportunities and options at concession stand, will have follow-up meeting. Sub-committee for concession stand to improve policy and offer more protein/fruit based options.

William Kirk, student: FCCLA ran fall concession stand, noticed increased purchase of healthier options.

Next Meeting (#4): (Must hold 4 meetings per year) Set for: April 28, 2026 at 1:30p.m.

Motion to adjourn meeting (Ms. Batten/seconded Mrs. Wilson)- Adjournment at 1:49p.m.