

Triennial Assessment Tool

Every three years or more often if the SFA desires, the LEA must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the model local school wellness policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should have been completed by June 30, 2020. The second triennial must be completed by June 30, 2023, or earlier. SFAs are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 6/30/2022	Name of School District: Stewart County Educational Complex		Number of Schools in District: 1
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. To provide students with the knowledge to promote good health.	Completed	1	1
2. To promote a variety of different fruits and vegetables to enhance healthy food choices.	Completed	1	1
3. To provide nutrition education in the classroom by providing teachers with literature about the fruit or vegetable of the month.	Completed	1	1
4. Include enjoyable games and taste testing to promote children trying new foods.	Completed	1	1
5. To constantly train and cross train the nutrition staff on all regulations and rules in order to remain compliant.	Completed	1	1

Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. To inform our community that we are a CEP school and explain through Community Outreach by advertising the availability of School Breakfast/Lunch and Snack as well as Summer Feeding.	Completed	1	1
2. To promote foods and beverages that meet the USDA Smart Snacks in School nutrition standards.	Completed	1	1
3. Choose foods that are only permitted by USDA Standards via our bids. Buy American as required and choose as many Georgia Grown products as possible.	Completed	1	1
4. Choose foods that are low in fat, saturated fat, and cholesterol and do not contain trans fat.	Completed	1	1
5. Choose foods with little or no added sugar.	Completed	1	1
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Provide resources to students, teachers and parents about promoting physical activity for a healthy lifestyle.	Completed	1	1
2. Work with the athletic director to further explain how physical activity and good nutrition goes hand in hand.	Completed	1	1

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Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Encourage student participation with menu by putting up suggestion boxes.	Completed	1	1
2. Work with teachers to come into classrooms and have discussions with the children about school nutrition and why we do what we do.	Not Completed		Due to the pandemic and social distancing, this has been postponed until a later date.
3. Students and staff members will be encouraged to practice good hand washing techniques.	Completed	1	1
4. School nurse will be available to provide training for the purpose of promoting wellness.	Completed	1	1
5. After school programs, will encourage physical activity and nutritious choices at snack time.	Completed	1	1
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Ensure that everyone in the district knows and adhere to only serving smart snacks during the school day.	Completed	1	1
2. Make sure that all fund raisers are also smart snack compliant if they are sold in school during the school day.	Completed	1	1
3. The school should promote an overall school environment that encourages students to make healthy food choices.	In Progress	1	1
4. Plain water (with or without carbonation)	Completed	1	1
5. .100% fruit or vegetable juice diluted with water (with or without carbonation), and no added sweeteners.	Completed	1	1

Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward).</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. School staff is encouraged to use school supplies or healthy snacks as rewards.	Completed	1	1
2. School staff are encouraged to work with the School Nutrition Department to coordinate a healthy menu for parties and celebrations.	Completed	1	1
3. The Nutrition Department will provide parents a list of foods and beverages that meet Smart Snacks nutrition standards.	Completed	1	1
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Must meet the Nutrition Standards for all foods sold in schools.	Completed	1	1
2. Sales of food items for fundraisers that meet nutrition requirements are not limited in any way	Completed	1	1
3. School stakeholders must set nutrition guidelines fund raisers for all foods and beverages sold on school campuses.	Completed	1	1

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Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Mona Hubbard	Nutrition Director, SCEC	The leadership for the wellness policy will be updated as soon as possible due to new staff coming in for the upcoming school year.
2.		
3.		
4.		
5.		
Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
1. Calvin Thomas, III	Athletic Director, SCEC	
2. Patty McDonald	School Nurse, SCEC	
3. Aleen Culpepper	Parent	
4.		
5.		

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal