



Monday

Tuesday

Wednesday

Thursday

Friday



5
NO SCHOOL

6
Panther Sandwich
Bagel with cream Cheese
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

7
Sausage Gravy with Biscuit
Parfait or Muffin
Cereal Bars
Fruits, Juice & Milk

1
Chicken Biscuit Waffles
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

2
Breakfast Pizza
Glazed Donut
Parfait
Cereal Bars Muffin
Fruits, Juice & Milk

12
Sausage Biscuit
Pancakes
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

13
Panther Sandwich
Bagel with cream Cheese
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

14
Sausage Gravy with Biscuit
Parfait or Muffin
Cereal Bars
Fruits, Juice & Milk

8
Chicken Biscuit Waffles
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

15
Chicken Biscuit Waffles
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

9
Breakfast Pizza
Glazed Donut
Parfait
Cereal Bars Muffin
Fruits, Juice & Milk

16
Breakfast Pizza
Glazed Donut
Parfait
Cereal Bars Muffin
Fruits, Juice & Milk

19
Sausage Biscuit
Pancakes
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

20
Panther Sandwich
Bagel with cream Cheese
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

21
Sausage Gravy with Biscuit
Parfait or Muffin
Cereal Bars
Fruits, Juice & Milk

22
Chicken Biscuit Waffles
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

23
Breakfast Pizza
Glazed Donut
Parfait
Cereal Bars Muffin
Fruits, Juice & Milk

26
Sausage Biscuit
Pancakes
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

27
Panther Sandwich
Bagel with cream Cheese
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

28
Sausage Gravy with Biscuit
Parfait or Muffin
Cereal Bars
Fruits, Juice & Milk

29
Chicken Biscuit Waffles
Parfait, Muffins
Cereal Bars
Fruits, Juice & Milk

30
Breakfast Pizza
Glazed Donut
Parfait
Cereal Bars Muffin
Fruits, Juice & Milk



Student Lunch \$2.75
Adult Lunch \$ 3.50

Holiday

Harvest of the Month:
Bell Peppers

Chicken Stir Fry with
Bell Peppers & Rice
Broccoli & Carrots
Fresh & Canned Fruits
Juice & Milk

Cheese Burgers
Fries & Green Beans
Fresh & Canned Fruits
Juice & Milk

Tacos with Chips
Corn & Refried Beans
Fresh & Canned Fruits
Juice & Milk

Chicken Alfredo
Roll
Carrots & Broccoli
Fresh & Canned Fruits
Juice & Milk

Cheese Burgers
Fries & Green Beans
Fresh & Canned Fruits
Juice & Milk

Tacos with Chips
Corn & Refried Beans
Fresh & Canned Fruits
Juice & Milk

Quesadilla
Peas & Carrots
Fresh & Canned Fruits
Juice & Milk

Pizza
Tomato, Cucumber Salad
Corn
Fresh & Canned Fruits
Juice & Milk

Quesadilla
Side Salad
Sweet Potatoes
Fresh & Canned Fruits
Juice & Milk

Pizza
Carrots & Broccoli Cups
Fresh & Canned Fruits
Juice & Milk

Mini Corn Dogs
Baked Beans &
Cole Slaw
Fresh & Canned Fruits
Juice & Milk

Spaghetti with
Meat Sauce & Roll
Side Salad & Corn
Fresh & Canned Fruits
Juice & Milk

Meat Ball Subs
Side Salad & Broccoli
Fresh & Canned Fruits
Juice & Milk

Fish Sandwich
Fries & Corn
Fresh & Canned Fruits
Juice & Milk

No School PT Conferences

Chicken Patty
Broccoli & Carrots
Fresh & Canned Fruits
Juice & Milk

Chicken Nuggets
Corn Muffin
Baked Beans & Carrots
Fresh & Canned Fruits
Juice & Milk

Chicken Nuggets with
Corn Muffin
Broccoli & Carrots
Fresh & Canned Fruits
Juice & Milk

BAKED POTATO, SALAD BAR, PB&J SANDWICH WILL BE SERVED EVERYDAY



Fun Fact: One **bell pepper** has more vitamin C than an **orange!**

