DECEMBER Breakfast Menu 2023



MON	TUE	WED	THU	FRI	and a star when
				1 Cooks Choice Blueberries Pineapple Syrup Milk	De De Stuc
4 BeneFit Bar Dragon Juice Mixed Fruit Milk	5 Sausage Breakfast Pizza Peaches Fruit Punch Milk	6 2-Hour Late Start Cooks Choice Applesauce Orange Juice Milk	 Dutch Waffle Sausage Pattie Peaches Apple Juice Milk 	8 Cereal Banana Muffin Pineapple Orange Juice Milk	Grain Stud A fo food mea specif be
11 Warm Mini Donuts Dragon Punch Mandarin Oranges Milk	12 Mini Pancake Wraps Sliced Peaches Apple Juice Milk	13 Sausage Patty Cheese Biscuit Fruit Punch Juice Milk	¹⁴ Mini Waffle Strawberries Grape Juice Syrup Milk	¹⁵ Mini Strawberry Bagel Mixed Fruit Orange Juice Milk	exar gra pizza
18 BeneFIT Bar Mixed Fruit Dragon Punch Milk	¹⁹ Ham Patty/English Pineapple Apple Juice Milk	20 Cereal Pop tart Banana Fruit Punch Milk	21 Scrambled Eggs French Toast Strawberries Grape Juice Syrup Milk	22 Warm Mini Donuts Sliced Peaches Blueberries Milk	
²⁵ NO SCHOOL	²⁶ NO SCHOOL	²⁷ NO SCHOOL	²⁸ NO SCHOOL	²⁹ NO SCHOOL	

ANNOUNCEMENTS

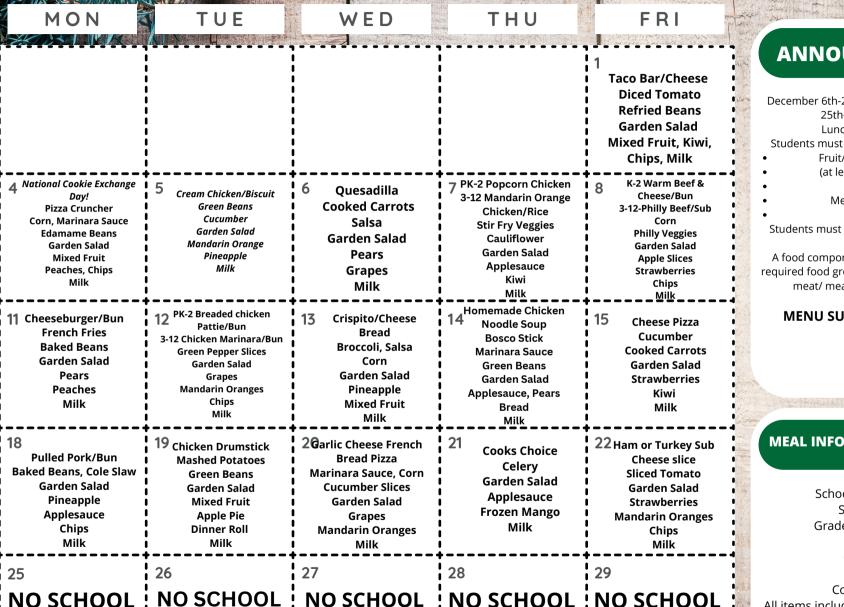
December 6th-2 hour Late Start December 25th-29th No School Breakfast requirements udents must select at least 3 food items ruit/Vegetable at least ½ cup- required ains OR Meat/Meat Alternate OR Milk + } idents must select at least 3 food items food component is one of the required d groups (fruit/vegetable, grains, meat/ eat alternate and milk). A food item is a cific food offered. Some menu items mav be planned to count as two items. For ample, a large muffin may count as two rain items. Another example, breakfast a may count as a grain and a meat/meat alternate.

MEAL PRICES

Students receive Free Breakfast

This institution is an equal opportunity provider.

DECEMBER Lunch Menus 2023



ANNOUNCEMENTS

Health e Pro

December 6th-2 hour Late Start December 25th-29th No School Lunch Requirements Students must select at least 3 food items Fruit/Vegetable Required (at least 1/2 cup-of each) Grains Meat/Meat Alternate Milk Students must select at least 3 food items

A food component consists of one of the required food groups (fruit/vegetable, grains, meat/ meat alternate and milk).

MENU SUBJECT TO CHANGE

MEAL INFORMATION & PRICES

School Lunches-Free Served Daily Grades 7-12-Offered: Salad Bar Chef Salad Parfait Cold Sandwich All items include Fruit ,Vegetable, Grain & Milk This institution is an equal opportunity provider.