

DECEMBER Breakfast Menu 2023



MON	TUE	WED	THU	FRI
				1 Cooks Choice Blueberries Pineapple Syrup Milk
4 Benefit Bar Dragon Juice Mixed Fruit Milk	5 Sausage Breakfast Pizza Peaches Fruit Punch Milk	6 2-Hour Late Start Cooks Choice Applesauce Orange Juice Milk	7 Dutch Waffle Sausage Pattie Peaches Apple Juice Milk	8 Cereal Banana Muffin Pineapple Orange Juice Milk
11 Warm Mini Donuts Dragon Punch Mandarin Oranges Milk	12 Mini Pancake Wraps Sliced Peaches Apple Juice Milk	13 Sausage Patty Cheese Biscuit Fruit Punch Juice Milk	14 Mini Waffle Strawberries Grape Juice Syrup Milk	15 Mini Strawberry Bagel Mixed Fruit Orange Juice Milk
18 BenefIT Bar Mixed Fruit Dragon Punch Milk	19 Ham Patty/English Pineapple Apple Juice Milk	20 Cereal Pop tart Banana Fruit Punch Milk	21 Scrambled Eggs French Toast Strawberries Grape Juice Syrup Milk	22 Warm Mini Donuts Sliced Peaches Blueberries Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

ANNOUNCEMENTS

December 6th-2 hour Late Start
 December 25th-29th No School
 Breakfast requirements
 Students must select at least 3 food items
 Fruit/Vegetable at least ½ cup- required
 Grains OR Meat/Meat Alternate OR Milk + }
 Students must select at least 3 food items
 A food component is one of the required
 food groups (fruit/vegetable, grains, meat/
 meat alternate and milk). A food item is a
 specific food offered. Some menu items may
 be planned to count as two items. For
 example, a large muffin may count as two
 grain items. Another example, breakfast
 pizza may count as a grain and a meat/meat
 alternate.

MEAL PRICES

Students receive
Free Breakfast

This institution is an equal
 opportunity provider.

DECEMBER Lunch Menus 2023

MON	TUE	WED	THU	FRI
				1 Taco Bar/Cheese Diced Tomato Refried Beans Garden Salad Mixed Fruit, Kiwi, Chips, Milk
4 <i>National Cookie Exchange Day!</i> Pizza Cruncher Corn, Marinara Sauce Edamame Beans Garden Salad Mixed Fruit Peaches, Chips Milk	5 <i>Cream Chicken/Biscuit</i> Green Beans Cucumber Garden Salad Mandarin Orange Pineapple Milk	6 Quesadilla Cooked Carrots Salsa Garden Salad Pears Grapes Milk	7 PK-2 Popcorn Chicken 3-12 Mandarin Orange Chicken/Rice Stir Fry Veggies Cauliflower Garden Salad Applesauce Kiwi Milk	8 K-2 Warm Beef & Cheese/Bun 3-12-Philly Beef/Sub Corn Philly Veggies Garden Salad Apple Slices Strawberries Chips Milk
11 Cheeseburger/Bun French Fries Baked Beans Garden Salad Pears Peaches Milk	12 PK-2 Breaded chicken Pattie/Bun 3-12 Chicken Marinara/Bun Green Pepper Slices Garden Salad Grapes Mandarin Oranges Chips Milk	13 Crispito/Cheese Bread Broccoli, Salsa Corn Garden Salad Pineapple Mixed Fruit Milk	14 Homemade Chicken Noodle Soup Bosco Stick Marinara Sauce Green Beans Garden Salad Applesauce, Pears Bread Milk	15 Cheese Pizza Cucumber Cooked Carrots Garden Salad Strawberries Kiwi Milk
18 Pulled Pork/Bun Baked Beans, Cole Slaw Garden Salad Pineapple Applesauce Chips Milk	19 Chicken Drumstick Mashed Potatoes Green Beans Garden Salad Mixed Fruit Apple Pie Dinner Roll Milk	20 Garlic Cheese French Bread Pizza Marinara Sauce, Corn Cucumber Slices Garden Salad Grapes Mandarin Oranges Milk	21 Cooks Choice Celery Garden Salad Applesauce Frozen Mango Milk	22 Ham or Turkey Sub Cheese slice Sliced Tomato Garden Salad Strawberries Mandarin Oranges Chips Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

ANNOUNCEMENTS

December 6th-2 hour Late Start December
25th-29th No School
Lunch Requirements

Students must select at least 3 food items

- Fruit/Vegetable Required (at least 1/2 cup-of each)
 - Grains
 - Meat/Meat Alternate
 - Milk
- Students must select at least 3 food items
- A food component consists of one of the required food groups (fruit/vegetable, grains, meat/ meat alternate and milk).

MENU SUBJECT TO CHANGE

MEAL INFORMATION & PRICES

School Lunches-Free
Served Daily
Grades 7-12-Offered:
Salad Bar
Chef Salad
Parfait
Cold Sandwich
All items include Fruit ,Vegetable, Grain & Milk

This institution is an equal opportunity provider.