AUGUST 2021

WC Elementary Breakfast and Lunch Mehu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BREAKFAST: Cereal (2) LUNCH: ½ day No Lunch Served	4 BREAKFAST: Cheese Omlet LUNCH: Corn Dogs - Sidewinders - Bake Beans - Fruit	5 BREAKFAST: Blueberry Muffin LUNCH: Chicken Alfredo - Green Beans - Roll - Fruit	6 BREAKFAST: Chicken & Roll LUNCH: BBQ Pork w/bun - Bake Beans - Slaw - Fruit
9 BREAKFAST: Cereal (2) LUNCH: Chicken Patty w/bun - Broccoli w/cheese - Blackeye Peas - Fruit	10 BREAKFAST: Combo Bar LUNCH: Pizza - Corn - Fruit	BREAKFAST: Pancake Wrap w/syrup LUNCH: Crispitos - Pinto Beans - Salsa & Chips - Fruit	12 BREAKFAST: Mini Donuts LUNCH: Turkey w/Gravy - Green Beans - Mashed Potatoes - Fruit - Roll	13 BREAKFAST: Sausage & Biscuit LUNCH: Ground Beef Nachos w/Chips - Pinto Beans - Salsa - Fruit
16 BREAKFAST: Cereal (2) LUNCH: Hot Dog w/bun - Tater Tots - Slaw - Fruit	BREAKFAST: Banana Bread LUNCH: Goulash - White Beans - Sour Kraut - Roll - Fruit	18 BREAKFAST: Cheese Toast LUNCH: Taco Bites - Pinto Beans - Corn - Fruit	BREAKFAST: Poptart LUNCH: Chicken Leg - Mashed Potatoes - Lima Beans - Fruit - Roll	20 BREAKFAST: Biscuit & Gravy LUNCH: Hamburger w/bun - French Fries - Lettuce - Tomato - Pickles - Fruit
23 BREAKFAST: Cereal (2) LUNCH: Quesadilla - Salsa & Chips - Carrot Sticks - Fruit	24 BREAKFAST: Oatmeal Bar LUNCH: Spaghetti w/Meat Sauce - Corn - Breadstick - Fruit	25 BREAKFAST: French Toast w/syrup LUNCH: Sliced Turkey - Pickle Spears - Chips - Sliced Bread - Fruit	26 BREAKFAST: Cinnamon Toast Pastry LUNCH: Beef Dippers - Baby Potatoes - Green Beans - Fruit - Roll	27 BREAKFAST: Ham & Roll LUNCH: BBQ Chicken w/bun - Bake Beans - Potato Salad - Fruit
30 BREAKFAST: Cereal (2) LUNCH: Meatballs - Mashed Potatoes - Green Beans - Fruit - Roll	31 BREAKFAST: Apple Frudel LUNCH: Chicken w/cheese - Rice - Pinto Beans - Breadstick - Fruit	1	2	3

Choice of Milk Served Daily

FF Chocolate 1% Low Fat White FF Skim

Water offered Daily

Offered Daily

BREAKFAST: Fruit &
Juice

LUNCH: Salad

Condiments Served upon request

Ketchup, Mustard, Mayo, Honey Mustard & Ranch

