



*Our mission is to foster a safe and
engaging learning environment*

Sterling Community School
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Theodore Friend, Superintendent
Heather Nickerson, Principal

Dear Parents/Guardians,

The State of Connecticut requires students entering (or returning to) PreSchool and Kindergarten to have a recent physical, as well as immunizations before entry. These records must be submitted **prior** to the first day of school. If your child is already in compliance, please provide the school with a copy for your child's health record. However, if your child is not in compliance, please contact your health care provider for an appointment.

1. Physical Examination:

- A. Physical Exams for **all kindergarten and preschool (new and returning) students** must be provided to the school by **August 28, 2024**. Only **current** physical exams are accepted, these include exams completed between **8-29-23 and 8-28-24**. All exams must be signed by a licensed physician and be completed **on the appropriate CT Health Assessment Form**. (Forms for children 5 and younger are yellow, while forms for children older than 5 are blue.) The first page of the exam form must be completed and signed by the child's parent or guardian.
- B. The physical examination must include height, weight, blood pressure, pulse, hematocrit, hemoglobin, urinalysis, dental and postural screenings, lead screening, tuberculin testing and any specific medical problems or allergies.

2. Immunization Requirements – Your child must be adequately immunized **prior to entry** into school.

DTaP (Diphtheria, Tetanus and Pertussis): (PK age 3): At least 4 doses. (Pk age 4) and (K): At least 4 doses. The last dose must be given on or after 4th birthday

Polio: (PK age 3): At least 3 doses. (Pk age 4) and (K): The last dose must be given on or after 4th birthday

MMR (Measles, Mumps, Rubella): Preschool: 1 dose on or after 1st birthday, 2nd dose prior to Kindergarten

Hepatitis B: 3 doses, last dose on or after 24 weeks of age

Varicella: Preschool 1 dose on or after 1st birthday, 2nd dose prior to Kindergarten 2 or verification of disease

Hib: 1 dose on between 12 months and 5 years

Pneumococcal: 1 dose between 12 months and 5 years

Hepatitis A: 2 doses given six calendar months apart, 1st dose on or after 1st birthday.

Influenza: Preschool requirement between August 1st and December 31st. For those students receiving the flu vaccine for the first time, students must have 2 doses that are separated by 28 days.

Failure to meet these requirements will result in exclusion of your child from school until the requirements are met.

3. Before sending your child off to school, they should have established regular toileting habits and know how to use the bathroom properly and independently.

Thank you for your cooperation,

Carrie Tetreault, RN