

# SEPTEMBER 2024

## Burns High School Menu

Lunch – \$3.55 paid SY24-2025 & 0¢-reduced Extra Milk – 45¢ Juice is .45¢

**Lunch includes:** ALL MEALS ARE GRAB N' GO SALAD AND SANDWICH OPTIONS OFFERED DAILY

Meal options are: Entrée, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   |
|---|---|---|--|
|    | 1 <b>LUNCH</b><br>Orange Chicken w/ Veggie<br>Fried Rice, Egg Roll<br>Green Salad w/ Carrots<br>Assorted Fruit & Milk<br>Salad & Sandwich daily | 2 <b>LUNCH</b><br>Homemade Chicken Noodle<br>Soup w/ Toasted Cheese<br>Sand<br>Green Salad w/ Tomato<br>Assorted Fruit & Milk<br>Salad & Sandwich daily | 3 <b>LUNCH</b><br>BBQ Pork Rib Sand<br>w/ FF<br>Cole Slaw<br>Cut Apple w/ Pb & Milk<br>Salad & Sandwich daily                      |
| 7 <b>LUNCH</b><br>Chicken Nuggets w/<br>Baked Beans<br>Green Salad w/ Broccoli<br>Oranges & Milk<br>Salad & Sandwich daily            | 8 <b>LUNCH</b><br>Chicken & Cheese<br>Quesadilla<br>Salad w/ Tomato & Cheese<br>Blueberries w/ Pears & Milk<br>Salad & Sandwich daily           | 9 <b>LUNCH</b><br>Homemade Chili w/<br>Cornbread<br>Green Salad w/ Peppers<br>Assorted Fruit & Milk<br>Salad & Sandwich daily                           | 10 <b>LUNCH</b><br>Pizza Stix w/ Marinara<br>Mac Salad<br>Green Salad w/ Tomato &<br>Croutons<br>Peaches<br>Salad & Sandwich daily |
| <b>Lunch</b><br>Cheese Burger<br>Potato Salad<br>Lettuce, Tomato, Pickle<br>Assorted Fruit & Milk<br>Salad & Sandwich daily           | 15 <b>LUNCH</b><br>Nacho's w/ Beans & Cheese<br>Lettuce & Salsa<br>Seasoned Rice, Peaches &<br>Milk<br>Salad & Sandwich daily                   | 16 <b>LUNCH</b><br>Meat Spaghetti w/ TX<br>Toast<br>Green Salad w/ Mushrooms<br>Apricots & Milk<br>Salad & Sandwich daily                               | 17<br><b>NO STUDENTS<br/>STUDENT LED<br/>CONFERENCES<br/>OCT 17-18</b>   |
| 21 <b>LUNCH</b><br>Italian MeatBall Sub<br>Chips, Green Salad w/<br>Cucumbers<br>Oranges & Milk<br>Salad & Sandwich daily             | 22 <b>LUNCH</b><br>Bean & Cheese Burrito<br>w/ Seasoned Rice<br>Green Salad w/ Salsa<br>Assorted Fruit & Milk<br>Salad & Sandwich daily         | 23 <b>LUNCH</b><br>Meat Spaghetti w/ TX<br>Toast<br>Green Salad w/ Broccoli<br>Assorted Fruit & Milk<br>Salad & Sandwich daily                          | 24 <b>LUNCH</b><br>Ham & Cheese Hoagie<br>w/ Lettuce, tomato,<br>pickle, Chip<br>Apple<br>Salad & Sandwich daily                   |
| 28 <b>LUNCH</b><br>Crispy Chicken Burger<br>Corn on Cob<br>Lettuce, Tomato, Pickle<br>Assorted Fruit & Milk<br>Salad & Sandwich daily | 29 <b>LUNCH</b><br>Chili Hot Dogs w/ Frito's<br>Green Salad w/ Carrots<br>Curried Rice<br>Assorted Fruit & Milk<br>Salad & Sandwich daily       | 30 <b>LUNCH</b><br>Homemade White Bean<br>Soup w/ Toasted Cheese<br>Sand, Salad w/ Cucumber<br>Assorted Fruit & Milk<br>Salad & Sandwich daily          | 31 <b>LUNCH</b><br>Cheese Pizza<br>Pineapple<br>Salad w/ Tomato & Olives<br>Assorted Fruit & Milk<br>Salad & Sandwich daily        |

This institution is an equal opportunity provider