FEBRUARY 2024

Forest Hills Consolidated School

A Look Into March:

11th-15th - Book Fair

13th – 14th – Early Release/Parent Teacher Conferences

18th – 22nd – High School Spirit Week

A variety of low fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice Friday Monday **Tuesday** Wednesday **Thursday** Muffins Poptart & Bacon 2 Groundhog Day is Feb. 2nd Mac & Cheese Chicken Burger, Cottage What will Phil see? Cheese, Oven Roasted Hot Dogs, Carrots & Roll Sweet Potatoes & Corn Waffles 5 **Yogurt Parfait** Oatmeal Cereal French Toast This institution is an equal opportunity provider. & Sausage Glazed Chicken Hoagie Subs Fish Burger Chicken Alfredo Beef & Cheese Burrito **Buttered Noodles** Broccoli & Roll Fresh Veggies & Chips **Tater Tots & Carrots** Mexican Rice Mixed Veggies & Green Beans Bagel Pancakes & Sausage3 12 15 **Yogurt** Omelet 16 Cereal Early Release @ 11:30 am Roast Turkey, Mashed Minestrone Soup Pig In A Blanket Chicken Poutine Potatoes, Stuffing, Peas Hamburger/Cheeseburger **Baby Carrots** Ham & Cheese Pasta Salad Cranberry Sauce & Rolls Corn, Chips & Hummus Sandwich & Cheez-Its & Veggie Sticks Middle School Only: Guest Adult Lunch 19 Winter Break Winter Break Winter Break Winter Break President's Day No School No School No School No School No School Cinnamon Roll 97 Bagel 26 28 French Toast Cereal & Sausage Elementary: Meatloaf Tomato Soup, Grilled Chicken Chef Salad Chicken Nuggets, Baked Cheese, Cheez-Its & **Mashed Potato** Beans & Mixed Veggies MS & HS - Salad Bar **Baby Carrots Pickled Beets**