

NOVEMBER 2022

FCHS



PAY FOR MEALS ONLINE MySchoolBucks.com

Monday All reimbursable meals must in-	Tuesday	Wednesday	Thursday	Friday
clude a fruit or vegetable on the tray. Students may decline 2 of the 5 meal components – meat/meat alternative; grain; fruit; vegetable; milk.	Cheesy Chicken Spaghetti Steamed Broccoli Black-eyed Peas Dinner Roll Fruit // Milk	Chicken Fajita Pinto Beans Potato Smiles Salsa Tostitos Fruit // Milk	Fish Fillet Basket w/Cornbread Bites & Onion Rings Baked Beans Shoepeg Corn Fruit // Milk	General Tso Chicken Roasted Vegetables Baked Potato Steamed Rice or Noodles Fortune Cookie Fruit // Milk
BBQ Nachos Baked Potato Buttered Corn Salsa Tostitos Fruit // Milk	No School 8	Walking Taco Pinto Beans Tomato/Lettuce Cup Salsa Tostitos Fruit // Milk	Chicken Tenders Mashed Potatoes Green Peas Biscuit Fruit // Milk	Nashville Hot Chicken Baked Beans Potato Smiles Carrot Dippers Dinner Roll Fruit // Milk
Spaghetti w/Meat Sauce Green Beans Buttered Corn Dinner Roll Fruit // Milk	Salisbury Steak w/Gravy Mashed Potatoes Pinto Beans Dinner Roll Fruit // Milk	Chicken Nachos Potato Wedges Roasted Vegetables Salsa Tostitos Fruit // Milk	Thanksgiving Lunch Turkey w/dressing & Gravy Green Beans // Sweet Potatoes Mashed Potatoes Dinner Roll Fruit // Milk	Mandarin Orange Chicken 8 Steamed Broccoli Sweet Potato Fries Buttered Corn Rice or Noodles Fruit // Milk
Manager's Choice 21	Manager's Choice 22	No Meals Served 23	No Meals Served 24	No Meals Served 25
Pulled Pork BBQ Dill Pickle Baked Beans HB Bun Fruit // Milk	Oven Roasted Chicken Mashed Potatoes Green Beans Dinner Roll Fruit // Milk	Lasagna Roasted Brussel Sprouts Steamed Carrots Dinner Roll Cookie Fruit // Milk		

The nationwide supply chain issue continues to impact the meal programs with shortages, cancelled orders, and limited availability of products. Every effort will be made to follow the published menu, however, last minute changes may be necessary. This institution is an equal opportunity provider.