## Sterling Community School Preschool / Kindergarten Health Information

•a •ae	Date of birth:		
Address:	Daytime #		
Grade/Teacher:	Emergency #		
1. Does your child	have health insurance? Yes No Insurance company/ policy number		
2. When was your	r child's last physical exam?		
3. When was your	r child's last dental exam?		
4. Has your child h	had any accidents or operations since birth? Yes No		
es, please explain and inc	clude dates :		
5. Has your child l	had any of the following: Please check yes or no, give date and comment if needed.		
Frequent colds Frequent stomach aches Frequent headaches	Date         Yes         No		
Frequent ear infections Rheumatic fever	Polio Chicken Pox		
Scarlet fever Bronchitis Pneumonia	Epilepsy		
Seizures Attention Deficit Disorder Diabetes Other illness Comments:	Heart Disease		
6. Does your child	d have Asthma? Yes No If yes: describe frequency, symptoms and medication prescribed		
	pol.		
	d have an allergy to Bee Sting?YesNo Never stung		
Describe reaction/Treati	ment		
•	d take any medication daily? Yes No on:		
Specify:	d have any environmental, food or medication allergies?Yes No		
Describe reaction: Treatment:			

Milk, cheese, yogurt  Meat, poultry, fish, eggs, peanut butter, dried peas/beans Bread, cereal, rice, grits, tortillas, cracker, muffins, bagels Fruits and vegetables (including 100% juice) Oil, butter, margarine, lard, fried foods Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid) Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid)  Carrots, broccoli, greens, winter squash, sweet potato Tomatoes, oranges, grapefruits (fruit, sauce or juice)  Carrots, broccoli, greens, winter squash, sweet potato Tomatoes, oranges, grapefruits (fruit, sauce or juice)  Mame of M.D. Result found Does your child have tubes in his / her ears? Yes No Date of insertion:  Name of Doctor Visual problem found: Concerns:  Name of Doctor Visual problem found: Concerns:  Nellas dark green, red & orange are him vitamin C and A. These are important for a him vitamin C and A. These are important for shidren's grow in vitamin C and A. These are important for children's grow important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and advertises and a specific fruits are important for child	10. Tell me about your child's appetite:	
12. Are there any foods that your child should not eat for religious or personal reasons? ☐ Yes ☐ No  If yes, what? ☐  13. Is your child on any special diet? ☐ Yes ☐ No If yes, please describe: ☐  14. Does your child eat or chew things that are not food? ☐ Yes ☐ No If yes, what?    How many times a day does your child eat? ☐ Yes ☐ No If yes, what? ☐    How many times a day does your child eat? ☐ Yes ☐ No If yes, what? ☐    How many times a day does your child eat? ☐ Yes ☐ No If yes, what? ☐    How many times a day does your child eat? ☐ Yes ☐ No If yes, what? ☐    How many times a day does your child eat? ☐ Yes ☐ No If yes, what? ☐    Great, creeal, rice, grits, tortilia, cracker, muffins, bagels ☐ 1 2 3 4 + ☐    Fruits and vegetables that a dark green, red & orange are In yearnin C and A. These a Hor Protection of the year of the year of year of the year of year o		
If yes, what?	11. Does your child feed him/herself?   Yes   No If yes, please desc	cribe: (Fork, Spoon, Fingers)
How many times a day does your child eat?  Milk, cheese, yogurt  Meat, poultry, fish, eggs, peanut butter, dried peas/beans  Fruits and vegetables that and day does your child eat?  Fruits and vegetables (including 100% juice)  Fruits and vegetables (including 100% juice)  Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid)  How many times a week does your child eat?*  Carrots, broccoli, greens, winter squash, sweet potato  Tomatoes, oranges, grapefruits (fruit, sauce or juice)  Does your child have any physical limitations or restrictions for activity:  Yes No Explain:  Name of M.D  Result found  Does your child wear glasses? Yes No Date of last eye exam  Name of Doctor Visual problem found:  Concerns:  Pruits and vegetables that and day does your child single at the provision of 1 2 3 4 + the provision of 1		
How many times a day does your child eat?  Milk, cheese, yogurt Meat, poultry, fish, eggs, peanut butter, dried peas/beans Bread, cereal, rice, grits, tortillas, cracker, muffins, bagels Bread, cereal, rice, grits, tortillas, rice, and advenced and development. That is why ask about hose specific furits is why ask about hose specific	13. Is your child on any special diet? ☐ Yes ☐ No If yes, please descri	ibe: .
<ul> <li>Milk, cheese, yogurt</li> <li>Meat, poultry, fish, eggs, peanut butter, dried peas/beans</li> <li>Meat, poultry, fish, eggs, peanut butter, dried peas/beans</li> <li>Bread, cereal, rice, grits, tortillas, cracker, muffins, bagels</li> <li>Fruits and vegetables (including 100% juice)</li> <li>Oil, butter, margarine, lard, fried foods</li> <li>Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid)</li> <li>1 2 3 4 + and development. That is why ask about those specific fruits: vegetables.</li> <li>Corrots, broccoli, greens, winter squash, sweet potato</li> <li>Tomatoes, oranges, grapefruits (fruit, sauce or juice)</li> <li>Tomatoes, oranges, grapefruits (fruit, sauce or juice)&lt;</li></ul>	14. Does your child eat or chew things that are not food? ☐ Yes ☐ No	o If yes, what?
Milk, cheese, yogurt  Meat, poultry, fish, eggs, peanut butter, dried peas/beans Bread, cereal, rice, grits, tortillas, cracker, muffins, bagels Fruits and vegetables (including 100% juice) Oil, butter, margarine, lard, fried foods Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid) Cookies, cakes, candy, gum, sodas, fruit drinks (like Kool-Aid)  Carrots, broccoli, greens, winter squash, sweet potato Tomatoes, oranges, grapefruits (fruit, sauce or juice)  Carrots, broccoli, greens, winter squash, sweet potato Tomatoes, oranges, grapefruits (fruit, sauce or juice)  Mame of M.D. Result found Does your child have tubes in his / her ears? Yes No Date of insertion:  Name of Doctor Visual problem found: Concerns:  Name of Doctor Visual problem found: Concerns:  Nellas dark green, red & orange are him vitamin C and A. These are important for a him vitamin C and A. These are important for shidren's grow in vitamin C and A. These are important for children's grow important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and development. That is why ask about those specific fruits are important for children's grow and advertises and a specific fruits are important for child	How many times a day does your child eat?	
Carrots, broccoli, greens, winter squash, sweet potato Tomatoes, oranges, grapefruits (fruit, sauce or juice)  O 1 2 3 4 5 6 7 +  Tomatoes, oranges, grapefruits (fruit, sauce or juice)  O 1 2 3 4 5 6 7 +  15. Does your child have any physical limitations or restrictions for activity: Yes No Explain:  16. Has your child had a hearing test? Yes No Date: Result found Does your child have tubes in his / her ears? Yes No Date of insertion:  17. Does your child wear glasses? Yes No Date of last eye exam Name of Doctor Visual problem found: Concerns:  18. Please provide a complete copy of your child's immunization record.	<ul> <li>Meat, poultry, fish, eggs, peanut butter, dried peas/beans</li> <li>Bread, cereal, rice, grits, tortillas, cracker, muffins, bagels</li> <li>Fruits and vegetables (including 100% juice)</li> <li>Oil, butter, margarine, lard, fried foods</li> </ul>	0 1 2 3 4 + in vitamin C and A. These ar important for children's growt and development. That is why ask about those specific fruits a
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