***Hickman Co. Schools Middle High***

*News*

The School Breakfast and Lunch Program is available to all students every weekday at no cost.

Available Daily:

Pizza

Hamburgers

Fresh Salads

Deli Sandwiches

PB&J

This institution is an equal opportunity provider.

**Bacon Cheeseburger or**

**Cheese Stix**

**Baked Fries**

**Grape Tomatoes w/dip**

**Fruit**

**Milk**

**Pizza Crunchers or**

**Chili Cheese Fries**

**Roasted Vegetables**

**Cucumbers w/Dip**

**Corn**

**Roll**

**Fruit**

**Milk**

**Beef Nachos or**

**Chicken Nuggets**

**Mashed Potatoes**

**Green Peas**

**Roll**

**Fruit**

 **Milk**

**Chicken Alfredo w/Garlic Toast or**

**Steak Sandwich**

**Romaine Salad**

**Corn**

**Fresh Broccoli w/dip**

**Fruit**

**Milk**

**Cheezy Chicken Rice or**

**Hamburger**

**Diced Potatoes**

**Steamed Carrots**

**Roll**

**Fruit**

**Milk**

**Beef Dippers or**

**Chicken Nuggets**

**Mashed Potatoes**

**Green Beans**

**Roll**

**Fruit**

**Milk**

**BBQ Sandwich or Fish Sticks**

**Baked Beans**

**Coleslaw**

**Fresh Broccoli w/Dip**

**Cornbread Bites**

**Fruit**

**Milk**

**Burrito or**

**Spicy Chicken Sandwich**

**Pinto Beans**

**Fiesta Rice**

**Grape Tomatoes**

**Fruit**

**Milk**

**Rotini w/Meat Sauce & Garlic Toast or Chicken Sandwich**

**Romaine Salad**

**Baked Fries**

**Fruit**

**Milk**

**Pizza Crunchers or Calzone**

**Steamed Carrots**

**Steamed Corn**

**Fruit**

**Milk**

**No School**

**Philly Steak Sandwich or**

**Mini Corn Dogs**

**Scalloped Potatoes**

**Baked Beans**

**Fruit**

**Milk**

**Spaghetti w/Meat Sauce or Baked Chicken**

**Sweet Potatoes**

**Romaine Salad**

**Emoji Potatoes**

**Garlic Toast**

**Fruit**

**Milk**

**Egg Rolls or Honey Sriracha Boneless Chicken Wings**

**Mashed Potatoes**

**Steamed Carrots**

**Breadstick**

**Fruit**

**Milk**

**Taco Salad or**

**Chicken Quesadilla**

**Pinto Beans**

**Corn**

**Lettuce/Tomato/Cheese/Salsa**

**Roll**

**Fruit**

**Milk**

**Bacon Cheeseburger or Cheese Stix**

**Baked Fries**

**Grape Tomatoes w/Dip**

**Fruit**

**Milk**

 **Pizza Crunchers or**

**Chili Cheese Fries**

**Roasted Vegetables**

**Cucumbers w/Dip**

**Corn**

**Roll**

**Fruit**

**Milk**

**Beef Nachos or**

**Chicken Nuggets**

**Mashed Potatoes**

**Green Peas**

**Roll**

**Fruit**

**Milk**

**Chicken Alfredo w/Garlic Toast or**

**Steak Sandwich**

**Romaine Salad**

**Corn**

**Fresh Broccoli w/dip**

**Fruit**

**Milk**

 **Cheezy Chicken Rice or**

**Hamburger**

**Diced Potatoes**

**Steamed Carrots**

**Roll**

 **Fruit**

**Milk**