

Elementary School Menu



August 2024

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk \$0.60
- Chips- \$1.00
- Rice krispie treat: \$1.00
- Ice cream cup \$1.00
- Extra breakfast entrée- \$1.25
- Peanut butter crackers \$1.00
- Cookie -\$1.00
- Chez it—1.00

Schools will be offering free breakfast and lunch to all students regardless of income.
Adult Breakfast—\$2.00
Adult Lunch \$4.00

Menu Prices

Breakfast	Amount	Lunch	Amount
Adult	\$2.00	Adult	\$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
LoFat or Fat Free Milk Choice is served with each meal.					2
Breakfast					Chicken Biscuit or Grilled Cheese Sandwich Banana or Juice
Choose 1 Lunch Entrée or Salad Choice if offered					Pizza or Corndog
Must Choose 1: Fruit or Vegetable					Tossed Salad / Whole Kernel Corn / Watermelon Wedge / Juice Cup School Made Chocolate Chip Cookie
Day	5	6	7	8	9
Breakfast	Sausage Biscuit Cereal w/Muffin Peach Cup or Juice	Chicken Biscuit Cinnamon Roll Applesauce Cup or Juice	Cereal w/ Cheese Toast or Honey Wheat Breakfast Bun Fruit Cocktail or Juice	Sausage/egg & Cheese Croissant or Pancake on a Stick Banana or Juice	Ham & Cheese Croissant or Cereal w/Pop Tart Peach Slices or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Pizza Or Fish & Shrimp	Country Fried Steak w/Gravy or Chicken Nuggets	Crispito w/Cheese Sauce Or (2) Hard shell Taco	Chicken Nuggets Or Baked Ham	BUILD A LUNCH BOX PBJ Sandwich w/Cheese Stick Or Chicken Sandwich
Must Choose 1: Fruit or Vegetable	Hushpuppies Macaroni & Cheese Oven Fried Okra / Romaine Salad Fresh Grape Cluster Fresh Fruit	Roll/Cream Potatoes Steamed Broccoli w/Cheese Juice Bar Jell-O w/& Topping	Tossed Salad Tortilla Chips w/Black Bean Salsa Baked Cinnamon Apples Orange Smiles	Roll Green Beans Candied Yams Cherry Applesauce Fruit Parfait	Baked Chips / Dill Spear Lettuce & Tomato Slices Broccoli & Cauliflower w/ Dip Pineapple Tidbits w/Kiwi Dragon Punch



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Day	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	2 oz. Cereal Bar or Breakfast Pizza / Apple Wedges or Juice	Mini Berry French Toast WG Breakfast Bar w/Cereal Fruit or Juice	Muffin w/Yogurt or Sausage Biscuit Fruit or Juice	Managers choice
Choose 1 Lunch Entrée or Salad Choice if offered	Hot Dog or BBQ Sandwich	Hamburger w/Cheese or Turkey Club	Chicken Nuggets or Bean & Cheese Burrito	Tangerine Chicken or Ham and Cheese Sandwich	Manager's Choice
Must Choose 1: Fruit or Vegetable	Baked Beans Cole Slaw, Deli Roasters Fresh Cut Fruit Bowl Peach Slices	Lettuce, Tomato, Dill Slices Baby Carrots w/Dip Corn on Cob Fresh Fruit Cup Fresh Pear	Garden Salad Tater Tot Medley, Pear Salad Fresh baked cake w/ straw-berries and topping	Vegetable Rice Honey Glazed Carrots, Roll Fresh Red Grape Cluster Glazed Apple Slices	Manager's Choice Please check with individual schools for the menu choices for today

Day	19	20	21	22	23
Breakfast	Maple Snack-n-Waffle or Breakfast Burrito Fruit or Juice	Breakfast Bagel or Cereal w/ Cheese Toast	Mini Pancakes or Scrambled Eggs w/Toast Fruit or Juice	French Toast Sticks Sausage Biscuit Fruit or Juice	Cinnamon Bun or Muffin & Cereal Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Nuggets Fish and Shrimp Basket	Sloppy Jo or Cheeseburger	Chicken Nuggets or Meatloaf	Beef & Cheese Nachos or Chicken Tetrazzini	BUILD A LUNCH BOX PBJ Sandwich w/Cheese Stick Or Chicken Sandwich
Must Choose 1: Fruit or Vegetable	Cornbread, Macaroni & Cheese Blackeye Peas Orange Wedges Pineapple Tidbits w/Kiwi Garnish	Baked Fries, Lettuce, Tomato, Dill Slice, Vegetables w/Dip, Banana, Wacky Cake Juice Cup	Roll/Creamed Potatoes, California Blend Mixed Vegetables, Fruit Cocktail Fresh White Grape Cluster	Ranch Style Beans Tossed Salad Whole Kernel Corn Rosy Red Pear Halves Juice Cup	Baked Chips / Dill Spear Lettuce & Tomato Slices Broccoli & Cauliflower w/ Dip Pineapple Tidbits w/Kiwi Dragon Punch

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Breakfast	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	2 oz. Cereal Bar or Breakfast Pizza / Apple Wedges or Juice	Mini Berry French Toast WG Breakfast Bar w/Cereal Fruit or Juice	Managers choice	
Choose 1 Lunch Entrée or Salad Choice if offered	Spaghetti Or Taco	Pizza or Chicken Sandwich	Meatloaf Or Chicken Nuggets	Manager's Choice	Pizza Or Corndog
Must Choose 1: Fruit or Vegetable	Shredded Cheese Cup Garden Salad, Marinated Black Bean Salsa w/Tortilla Chips Peach Slices Juice Bar	Spinach & Strawberry Salad, Corn on Cob, Lime Sherbet Cherry Flavored Applesauce School Made Brownie	Rolls Cream Potatoes, Brussel Sprouts Glazed Carrots, Peaches, Fresh Pear	Manager's Choice Please check with individual schools for the menu choices for today	Tossed Salad / Whole Kernel Corn / Watermelon Wedge / Juice Cup School Made Chocolate Chip Cookie

- No wonder watermelon is refreshing on a hot summer day — it's about 92% water by weight!
- According to the Guinness World Records, the heaviest watermelon ever grown weighed 350.5 lbs.
- Watermelons are native to Africa. The first recorded watermelon harvest was 5,000 years ago in Egypt.
- One serving of cantaloupe contains 120% of your daily required value of Vitamin A and 80% of Vitamin



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