

SEPTEMBER 2025

HIGH SCHOOL LUNCH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

NUTRITION BAR OFFERED DAILY WITH ASSORTED FRUITS & VEGETABLES

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Beef or Vegetarian Nacho Bar 1 serving FF ½ c Nutrition Bar Guac & Roll Beans ½ c Choice of Fruit ½ c Alt: Rodeo Burger	Corn Dog 1 serving Broccoli ½ c Nutrition Bar Choice of Fruit ½ c Alt: Meat Lovers Pizza	Pizza 1 serving Steak & Bake Green Beans ½ c Nutrition Bar Choice of Fruit ½ c Alt: Jalapeno Cheddar Beef Burger	
Breakfast For Lunch 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c Alt: Hawaiian Pizza	Walking Taco's 1 serving Rice ½ c Seasoned Carrots ½ c Nutrition Bar Choice of Fruit ½ c Alt: Chili Dog	Yakisoba 1 serving Stir Fry Vegetables ½ c Nutrition Bar Choice of Fruit ½ c Alt: chicken Bacon Ranch Sandwich	Pizza 1 serving Mexicali Corn ½ c Nutrition Bar Choice of Fruit ½ c Alt: House BBQ Pulled Sandwich	
Crispy Chicken Bowl 1 serving Sweet Potato Fries ½ c Nutrition Bar Choice of Fruit ½ c Alt: Pepperoni Pizza	Chicken or Vegetarian Nacho Bar 1 serving Tater Totes ½ c Nutrition Bar Choice of Fruit ½ c Alt: Rodeo Burger	Chicken Teriyaki Rice Bowl 1 serving Chinese Broccoli ½ c Nutrition Bar Choice of Fruit ½ c Alt: Corn Dog	Pizza 1 serving Steak & Bake Green Beans Baby Carrot's ½ c Nutrition Bar Choice of Fruit ½ c Alt: Jalapeno Cheddar Beef Burger	
Waffles & Cheesy Eggs 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c Alt: Chicken Nuggets	Spaghetti & Meat Sauce 1 serving Baby Carrots ½ c Nutrition Bar Choice of Fruit ½ c Alt: Pizza	Hot Dog 1 serving Stir Fry Vegetables ½ c Nutrition Bar Choice of Fruit ½ c Alt: Bean Burrito Enchilada Style & Rice	Pizza 1 serving Really Ranch Pinto Beans Nutrition Bar ½ c Choice of Fruit ½ c Alt: Chicken & Cilantro lime Rice	  Heirloom Tomato Salad
Chicken Tenders w/ Dinner Roll 1 serving Sweet Potato Fries ½ c Nutrition Bar Choice of Fruit ½ c Alt: Rotisserie Chicken	Chicken or Vegetarian Nacho Bar 1 serving Tater Totes ½ c Nutrition Bar Choice of Fruit ½ c Alt: Rodeo Burger	  Jamaican Jerk Chicken	 K-12 by Elmor experiments with flavor on the menu with the use of Spiceology Salt-Free blends.	  Mediterranean Sweet Potato

Daily Alternate Entrée Options

Pizza (Cheese & Pepperoni)

M: Hawaiian
Tu: Chicken Taco
W: Meat Lovers
Th: Chicken Ranch Dorito Flatbread
Fr: BBQ Chicken

Vegetarian:

M: Macaroni & Cheese
Tu: Sweet Potato Nachos
W: Bean & Cheese Burrito
Th: Mediterranean Hummus Flatbread
Fr: Black Bean Burger

Deli Sandwiches:

M: Turkey Deluxe
Tu: Santa Fe Chicken Wrap
W: Turkey & Cheese Wrap
Th: Crunchy Chicken Wrap
Fr: Southwest Pinwheels

Entrée Salads:

M: Chef's Salad
Tu: Southwest Chicken
W: Chicken Caesar
Th: Cobb
Fr: Beef Taco in Tortilla Shell



BeWell Healthy Choice
 Vegetarian (Ovo-Lacto)



Local
 So Good Feature



Global Bites Feature

This institution is an equal opportunity provider

K-12
 Elmor