



WADENA-DEER CREEK ELEMENTARY SCHOOL **CLASSROOM**
 SEPTEMBER 2024 BREAKFAST AND LUNCH MENU

Students eat FREE!



Breakfast is served 7:30am-8:30 am **Adult breakfast:** \$2.40 Lunch is served 10:45am-12:45 pm **Adult Lunch:** \$5.00

1%, and fat free milk choices offered with each meal

Lactose free milk is available with written request from parents

Monday	Tuesday	Wednesday	Thursday	Friday
9 Sausage pancake on stick, syrup, applesauce, orange juice, milk Hot dog/bun, ketchup, 1/4c Baked beans, 1/4c mixed fruit	10 Egg patty, English muffin, banana, apple juice, milk Cheese quesadilla, 1/4c steamed carrots, 3 fresh strawberries	11 Early risers hashbrown, toast, fresh apple, fruit punch, milk 3 oz Sloppy Joe /bun, 1/4c Roasted root blend veggies, 1/4c applesauce	12 Waffles, syrup, diced peaches, grape juice, milk 3 Pizza crunchers, 1/4c steamed green beans, 1/4c diced pears	13 Scrambled eggs, toast, butter, diced pears, assorted juice, milk Tony's French bread pizza, 1/4c Oregon medley veggies. 1/4c fresh melon mix
16, diced peaches, grape Juice, milk Corn dog 1/4c Baked beans, ½ orange	17 Breakfast pizza, fresh apple, orange Juice, milk 2 Bosco sticks, 1/4c fresh baby carrots, 3 apple wedges	18 Pancakes, syrup, apricots, apple Juice, milk 12 pcs Popcorn chicken, bread slice, 1/4c Mashed potato, 1 TB gravy, 1/4c diced peaches	19 French toast sticks, syrup, fresh orange, fruit punch, milk 1/2c Chicken alfredo with 1/2c pasta, 1/4c steamed green beans, 1/4 c mandarin oranges	20 Cheese omelet, 1 slice toast, diced pears, assorted juice, milk Pizza, 1/4c steamed broccoli, 1/4c strawberries
23 Sausage pancake on stick, syrup, applesauce, 1/2c orange juice, milk hamburger/bun, 1/4c Baked beans, tomato slices, 1/4c fruit	24 Egg patty, English muffin, banana, apple juice, milk Mini Corn dogs, 1/4c steamed corn, 1/4c fruit	25 Early risers hashbrown, toast, fresh apple, fruit punch, milk Totally taco Max Snax, 1/4c Roasted potatoes, 1/4c fruit	26 Waffles, syrup, diced peaches, grape juice, milk 1/2c Turkey in gravy, ½ bread slice, 1/4c mashed potatoes, 1/4c fruit	27 Scrambled eggs, toast, butter, diced pears, assorted juice Italian dunker, 1/4c Normandy blend veggies, 1/4c fruit
30 Cereal, diced peaches, grape Juice, milk Breaded chicken patty w/ bun, mayo, 1/4c Baked fries, ketchup, 1/4c fruit	Oct 1 Breakfast pizza, fresh apple, orange Juice, milk 2 oz beef Walking taco, 1oz shredded cheese, 1 oz taco chips, 1pc taco sauce, 1/4c tomatoes, 1/4c lettuce, 1/4c applesauce	2 Pancakes, syrup, apricots, apple Juice, milk 3.6oz orange chicken, 1/4c rice. 1/4c Asian blend veggies, 1/4c mandarin oranges	3 French toast sticks, syrup, fresh orange, fruit punch, milk 5 Chicken nuggets. 1/4c Steamed green beans, 3 apple wedges	4 Cheese omelet, toast, jelly, strawberries, assorted juice, milk Pizza, 1/4c Steamed carrots, 1/4c, diced pears

Menu is subject to change due to availability of items Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; smotzko@wdc2155.k12.mn.us

This institution is an equal opportunity provider

GOODBYE SUMMER...HELLO FALL!

