

# Cornerstone Montessori Elementary School

Menu Subject to Change

7/19/21

<b>K-8 ALLERGEN MENU 2021-2022</b>				
<b>Wheat, Milk, Egg, Soy, Peanuts, Tree Nuts, Fish, Shellfish</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
8/2,8/30,9/27,10/25,11/22,12/20,1/7,2/14,3/14,4/11,5/9,6/6,7/4				
<p><b>BBQ Chicken Burger</b></p> <p>WG Brown Rice Corn Niblets Fresh Apple</p>	<p><b>Turkey Sausage</b></p> <p>WG Brown Rice Fresh Carrots Cuke Coins Strawberry Cup</p>	<p><b>All Beef Patty</b></p> <p>CornTortilla Chips Veg Baked Beans Applesauce Cup Ketchup PC</p>	<p><b>Allergen Free Chicken Breast</b></p> <p>WG Brown Rice Fresh Broccoli Fresh Orange</p>	<p><b>Grilled Chicken Strips</b></p> <p>WG Corn Tortillas Fresh Carrots Celery Sticks Fresh Apple Picante Sauce</p>
8/9,9/6,10/4,11/1,11/29,12/27,1/24,2/21,3/21,4/18,5/16,6/13,7/11				
<p><b>All Beef Patty w/ Beef Broth</b></p> <p>CornTortilla Chips Mixed Vegetables Applesauce Cup</p>	<p><b>BBQ Drumstick</b></p> <p>Veg Brown Rice Fresh Carrots Fresh Banana</p>	<p><b>Diced Turkey (3oz)</b></p> <p>Whipped Potatoes Celery Peach Cup</p>	<p><b>Taco Beef</b></p> <p>Black Beans WG Corn Tortillas Shredded Romaine Lettuce Salsa Fresh Apple</p>	<p><b>Baked Sweet &amp; Sour Chicken Breast</b></p> <p>WG Brown Rice Fresh Broccoli Fresh Orange</p>
8/16,9/13,10/11,11/8,12/6,1/3,1/31,2/28,3/28,4/25,5/23,6/20,7/18				
<p><b>Beef Hot Dog</b></p> <p>WG Corn Tortilla CornTortilla Chips Veg Baked Beans Strawberry Applesauce Cup Ketchup PC</p>	<p><b>Honey Mustard Chicken Breast</b></p> <p>WG Brown Rice Green Beans Fresh Banana Honey Mustard PC</p>	<p><b>Grilled Chicken Strips</b></p> <p>WG Corn Tortillas Fresh Broccoli Strawberry Cup Picante Sauce</p>	<p><b>BBQ Chicken Breast</b></p> <p>CornTortilla Chips Corn Fresh Orange</p>	<p><b>All Beef Patty w/ Marinara</b></p> <p>WG Brown Rice Carrots Fresh Apple</p>
8/23,9/20,10/18,11/15,12/13,1/10,2/7,3/7,4/4,5/2,5/30,6/27,7/25				
<p><b>All Beef Patty w/ Beef Broth</b></p> <p>CornTortilla Chips Fresh Carrots Applesauce Cup</p>	<p><b>Buffalo Chicken Tacos (4OZ)</b></p> <p>WG Corn Tortillas Shredded Lettuce Cuke Coins Fresh Apple</p>	<p><b>Sloppy Joe</b></p> <p>WG Brown Rice Corn Peach Cup</p>	<p><b>Lemon Pepper Drumstick</b></p> <p>CornTortilla Chips Veg Baked Beans Fresh Orange</p>	<p><b>Chicken Nachos</b></p> <p>Beans &amp; Rice WG Tortilla Chips Shredded Lettuce Fresh Celery Mixed Fruit Cup</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. All BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.