

LINCOLN HEIGHTS MIDDLE SCHOOL

February 2025 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST Frudel, Cereal, Poptart LUNCH 1 st - Beef Dippers w/gravy 2 nd - Fried Chicken Breast 3 rd - PBJ bags Mashed Potatoes Peas Roll	4 BREAKFAST Chicken Biscuit, Cereal, Poptart LUNCH 1 st - Grilled Cheese 2 nd - Fried Bologna Sandwich 3 rd - PBJ bags Chicken Noodle Soup Goldfish Crackers Fresh Veggies & Ranch	5 BREAKFAST French Toast Sticks, Cereal, Poptart LUNCH 1 st - Fish Sticks 2 nd - Corndog Nuggets 3 rd - PBJ bags Fries Mac & Cheese Cookie	6 BREAKFAST Yogurt & Grahams, Cereal, Poptart LUNCH 1 st - Chicken Nachos 2 nd - Beef Nachos 3 rd - PBJ bags Corn Broccoli Refried Beans	7 BREAKFAST Sausage Biscuit, Poptart, Cereal, PBJ LUNCH 1 st - Pizza 2 nd - Chicken Sandwich 3 rd - PBJ bags Green Beans Sweet Carrots
10 BREAKFAST Scrambled Eggs & Bacon, Cereal, Poptart LUNCH 1 st - Grilled Cheese 2 nd - Cheese Bites 3 rd - Pizza 4 th - PBJ bags Homemade Chili Fresh Veggies & Ranch	11 BREAKFAST Chicken Biscuit, Cereal, Poptart LUNCH 1 st - Sliced Ham 2 nd - Popcorn Chicken 3 rd - Baked Potato Bar 4 th - PBJ bags Green Beans Diced Potatoes Roll	12 BREAKFAST Frudel, Cereal, Poptart LUNCH 1 st - Chicken Alfredo 2 nd - Cheese Breadsticks w/marinara 3 rd - PBJ bags Broccoli Sweet Carrots	13 BREAKFAST Pancakes, Poptart, Cereal LUNCH 1 st - Cheese Quesadilla 2 nd - Soft Tacos 3 rd - PBJ bags Fiesta Beans, Corn, Salsa	14 BREAKFAST Sausage Biscuit, Poptart, Cereal, PBJ LUNCH 1 st - Hamburger 2 nd - Roasted Hotdog 3 rd - Pizza 4 th - PBJ bags Fresh Veggies & Ranch, Chips Applesauce, Cookie
17 NO SCHOOL Presidents' Day	18 BREAKFAST Beef Steak & Biscuit w/gravy, Cereal, Poptart LUNCH 1 st - BBQ Pork Sandwich 2 nd - Fish Sticks 3 rd - Pizza 4 th - PBJ bags Coleslaw Pinto Beans Fries	19 BREAKFAST Dutch Waffle, Cereal, Poptart LUNCH 1 st - Chicken Tenders 2 nd - Baked Spaghetti 3 rd - Baked Potato Bar 4 th - PBJ bags Green Beans California Blend Garlic Toast	20 BREAKFAST Warm Muffin, Cereal, Poptart LUNCH 1 st - Manager Choice 2 nd - Manager Choice 3 rd - PBJ bags	21 BREAKFAST Sausage Biscuit, Poptart, Cereal, PBJ LUNCH 1 st - Pizza 2 nd - Chicken Sandwich 3 rd - PBJ bags Green Beans Corn
24 BREAKFAST French Toast Sticks, Cereal, Poptart LUNCH 1 st - Beef Teriyaki 2 nd - Popcorn Chicken 3 rd - Pizza 4 th - PBJ bags Ramen Noodles Sweet Carrots Broccoli	25 BREAKFAST Chicken Biscuit, Cereal, Poptart BREAKFAST FOR LUNCH 1 st - Breakfast Chicken 2 nd - Sausage 3 rd - PBJ bags Waffles Tater Tots Baked Apples	26 BREAKFAST Warm Muffin, Cereal, Poptart LUNCH 1 st - BBQ Riblet 2 nd - Chicken Chunks 3 rd - Pizza 4 th - PBJ Bags Baked Beans Fries & Garlic Toast	27 BREAKFAST Dutch Waffle, Cereal, Poptart LUNCH 1 st - Chili Cheese Nachos 2 nd - Cheese Quesadilla 3 rd - Baked Potato Bar 4 th - PBJ bags Corn, Fresh Veggies & Ranch, Cookie	28 BREAKFAST Pancakes, Cereal, Poptart, PBJ LUNCH 1 st - Pizza 2 nd - Chicken Sandwich 3 rd - PBJ bags Green Beans Fries

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