



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



# ARCHBISHOP DAMIANO SCHOOL

*Making a difference in the lives of our students*



# LUNCH

## MONDAY



**Turkey & Cheese  
on Wheat Roll**  
Spinach  
Pears  
Milk

06

## TUESDAY



**Nachos w/Ground Beef &  
Beans**  
Corn  
Peaches  
Milk

07

## WEDNESDAY

**Roasted Chicken  
w/Wheat Roll**  
Carrots  
Pineapple Chunks  
Milk

01

## THURSDAY

**Sloppy Joe on Wheat Roll**  
Corn  
Fruit Cocktail  
Milk

02

## FRIDAY

**Pizza Friday  
Wheat Cheese Pizza**  
Green Beans  
Oranges  
Milk

03

**School Closed  
Indigenous Peoples' Day**

13

**Beef & Bean Burrito**  
Spinach  
Peaches  
Milk

14

**Turkey & Cheese Sub on  
Wheat Roll**  
Potato Salad  
Mixed Fruit  
Milk

15

**Italian Meatball on Wheat  
Roll**  
Lima Beans  
Apple Slices  
Milk

16

**Wheat Cheese Pizza**  
Green Beans  
Pears  
Milk

17

**Double Dog Day**  
Wheat Roll  
Baked Beans  
Apple  
Milk

20

**Soft Beef Tacos**  
w/Lettuce, Tomato, Cheese  
Carrots  
Mixed Fruits  
Milk

21

**Chicken Tenders**  
Wheat Roll  
Corn  
Pineapples  
Milk

22

**Spaghetti w/Meat Sauce**  
Broccoli  
Oranges  
Milk

23

**Four Cheese Pizza**  
Green Beans  
Mixed Fruits  
Milk

24

**School Closed  
Staff In-Service Day**

27

**Walking Beef Tacos**  
w/Lettuce, Tomato, Cheese  
Corn  
Mixed Fruits  
Milk

28

**BBQ Chicken on Wheat Roll**  
Peas  
Pears  
Milk

29

**Macaroni & Cheese**  
Stewed Tomatoes  
Peaches  
Milk

30

**Wheat Cheese Pizza**  
Green Beans  
Oranges  
Milk

31



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OCTOBER 2025