



# NEW MILFORD HIGH SCHOOL LUNCH MENU

MARCH 2024

2/26-3/01

Monday

Tuesday

Wednesday

Thursday

Friday



## The Main Menu

Pasta of the Day & Pizza Oven

Green Wave Grill

The Sandwich Board

Garden Greens & More



**March is National Nutrition Month! 2024 Theme is "Beyond the Table"**

**March 4th-8th is National School Breakfast Week - Give Breakfast a try! It's Free to all Students.**

**All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk, nonfat chocolate, nonfat strawberry, or skim milk!**

**Comfort Food Friday!**  
Meatloaf + Gravy  
Garlic Knot  
Local Beets From Fort Hill Farm



Pasta



or



Pizza

Fish + Chips  
Baked Pollack on Whole Grain Bun w/ Oven Potato Wedges



### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



### Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Antipasto Wrap

Greek Salad





# NEW MILFORD HIGH SCHOOL LUNCH MENU

## MARCH 2024

### 3/04-3/08



#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

## The Main Menu

Chicken Fajitas w/Peppers + Onions  
Shredded Cheddar + Salsa

Chicken Waffle Sliders  
Oven Baked Crinkle Fries

**Early Dismissal!**  
Gyro  
Mediterranean Chickpea Salad

Roast Turkey Dinner w/Gravy  
Mashed Potatoes  
Roasted Squash  
Banana Bread

Nachos w/Hot Honey Beef + Queso  
Refried Beans

## Pasta of the Day & Pizza Oven

Pasta w/Meatballs + Sauce  
French Bread Pizza

Macaroni + Cheese w/Whole Grain Dinner Roll  
Buffalo Chicken Pizza

**Early Dismissal!**  
Mini Cheese Ravioli w/Garlic Breadstick  
Personal Pizza

Bosco Sticks w/Marinara Sauce  
Pizzeria Style Pizza

Pasta  
Pizza

## Green Wave Grill

Hamburger or Cheeseburger on Whole Grain Bun  
Baked Sweet Potato Fries

Rice Bowl

Spicy Chicken Patty on Whole Grain Bun

Ham + Cheese Panini

Hamburger or Cheeseburger on Whole Grain Bun  
Oven Baked Crinkle Fries

## The Sandwich Board

**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



## Garden Greens & More

Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Chicken Caesar Wrap  
Asian Salad





# NEW MILFORD HIGH SCHOOL LUNCH MENU

## MARCH 2024

### 3/11-3/15



#### Monday

#### Tuesday


#### Wednesday

#### Thursday

#### Friday


## The Main Menu

Baked Chicken Tenders w/Whole Grain Dinner Roll  
  
Parmesan Broccoli

 **Taco Tuesday!**  
Seasoned Beef Lettuce, Tomato, Shredded Cheddar, Salsa + Sour Cream  
Brown Rice + Refried Beans



Italian Combo Platter  
  
Baby Spinach Salad

**Early Dismissal!**  
Cheese Quesadilla w/ Salsa + Sour Cream  
Corn + Black Bean Salad

Mashed Potato Bowl w/Whole Grain Dinner Roll  



## Pasta of the Day & Pizza Oven

Pasta w/Meatballs + Sauce  
or  
4x6 Pizza


Smoothie Bar w/ Hot Pretzel  
 or   
Pizzeria Style Pizza

Walking Taco  
or  
Garlic French Bread Pizza

**Early Dismissal!**  
Bosco Sticks w/Marinara Sauce  
or  
Buffalo Chicken Pizza


Pasta  
 or  
Pizza

## Green Wave Grill

Hot Italian Combo  



Warm Asian Wrap

Spicy Chicken Patty on Whole Grain Bun

**Early Dismissal!**  
Egg, Sausage + Cheese on Croissant  
  
Baked Potato Puffs

Corned Beef Sandwich w/ or w/o Swiss on Whole Grain Bun

## The Sandwich Board

**BOARS HEAD**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack  
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives  


## Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate  
Weekly Special:  
Corned Beef Wrap with Swiss  
Chicken Caesar Salad





# NEW MILFORD HIGH SCHOOL LUNCH MENU

## MARCH 2024

### 3/18-3/22



#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

## The Main Menu

Chicken Dipping Sandwich



Buffalo Cauliflower

**First Day of Spring!**



Dutch Waffle Sausage Links Baked Potato Puffs Strawberry Cup



Baked Mozzarella Sticks w/Marinara Sauce



Caesar Salad

Sizzler



Fish Tacos

Baked Crinkle Fries

## Pasta of the Day & Pizza Oven

Pasta w/Meatballs + Sauce

or

Stuffed Crust Pizza

Macaroni + Cheese w/Whole Grain Dinner Roll

or

Buffalo Chicken Pizza

Lasagna w/Garlic Breadstick



or

Personal Pizza

Bosco Sticks

or

Pizzeria Style Pizza

Pasta

or

Pizza



## Green Wave Grill

Steak + Cheese on a Ciabatta Roll



Chicken Parm Panini

Spicy Chicken Patty on Whole Grain Bun

Hamburger or Cheeseburger on Whole Grain Bun



Baked Crinkle Fries

Grilled Chicken Club w/Bacon, Cheese, Lettuce + Tomato

Ranch or Chipotle Sauce

## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



## Garden Greens & More



Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Turkey BLT

Antipasto Salad





# NEW MILFORD HIGH SCHOOL LUNCH MENU

## MARCH 2024

### 3/25-3/29



#### Monday


#### Tuesday

#### Wednesday

#### Thursday

#### Friday

## The Main Menu

Baked Chicken Nuggets  
Garlic Breadstick  
 Steamed Edamame

Burrito Bowl



Pizza Crunchers  
Roasted Squash

**Opening Day of Baseball!**

Hot Dog Bar  
Oven Baked Beans  
Popcorn



**March is National Nutrition Month! 2024 Theme is "Beyond the Table"**

## Pasta of the Day & Pizza Oven

Pasta w/Meatballs + Sauce  
or  
Garlic French Bread Pizza

Macaroni + Cheese w/Whole Grain Dinner Roll



Buffalo Chicken Pizza

Smoothie Bar

or




4x6 Pizza

Bosco Sticks

or

Pizzeria Style Pizza

## Green Wave Grill

Rodeo Burger  
 Oven Baked Potato Wedges

**Soup and Sandwich!**  
Grilled Cheese  
Tomato Soup



Spicy Chicken Patty on Whole Grain Bun

Grilled BBQ Chicken



Warm Garlic Knot

## The Sandwich Board

### BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives



## Garden Greens & More



Large or Small Chef Salad  
Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Kicken Chicken Wrap  
Chicken Caesar Salad

