


OCTOBER 2025 HEAD START LUNCH

October 2025

Monday	Tuesday	Wednesday	Thursday
		1 Lunch Entree Sloppy Joe Sandwich Vegetables Potato Smiles Fruit Mixed Fruit Cup Milk 1% Milk	2 Lunch Entree Chicken Nuggets Vegetables Vegetarian Baked Beans-Head Start Fruit Diced Pears Milk 1% Milk
6 Lunch Entree Boneless Chicken Wings Vegetables Whole Kernal Corn Fruit Diced Peaches Milk 1% Milk	7 Lunch Entree Chicken Nachos RIVERSIDE Vegetables Refried Beans Fruit Fresh Banana Milk 1% Milk	8 Lunch Entree Chicken filet Sandwich Vegetables Sidewinder Fries Fruit Fresh Fruit Variety Milk 1% Milk	9 Lunch Entree Penne Pasta Alfredo Primavera with Chicken/Pre K/Head Start Vegetables Baby Carrots Fruit Diced Pears Milk 1% Milk Misc. Mozzarella String Cheese
13 Lunch Entree Beef Soft Taco Vegetables Whole Kernal Corn Fruit Diced Peaches Milk 1% Milk	14 Lunch Entree Cheesy Pull-Apart, Italian Cheeses & Garlic Vegetables Cut Green Beans Fruit Fresh Banana Milk 1% Milk	15 Lunch Entree BBQ Pulled Pork Vegetables Vegetarian Beans Fruit Diced Peaches Milk 1% Milk	16 MEA BREAK
20 Lunch Entree Chicken with Gravy Vegetables Mashed Potatoes Fruit Diced Peaches Milk 1% Milk Misc. Mini Whole Grain Biscuit	21 Lunch Entree Mini Corn Dogs Vegetables Maple Flavored Waffle Fries Fruit Fresh Banana Milk 1% Milk	22 Lunch Entree Zoo Animal Shaped Chicken Nuggets Vegetables Vegetarian Baked Beans-Head Start Fruit Applesauce Milk 1% Milk	23 Lunch Entree Mini Cheese Ravioli Vegetables Romaine Lettuce Fruit Mixed Fruit Cup Milk 1% Milk

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