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#### **CHEMIC SALUTES**

February is CTE Month-a time for us to celebrate Career and Technical Education and take a moment to recognize the incredible dedication of our CTE teachers--Mr. Carey, Dr. Cronk, Ms. DeBoer, Mr. Dodick, Mr. Donovan, Mr. Wall and Mr. Irwin. Their passion and commitment inspire every student who walks through their classroom doors. These CTE teachers are shaping the future by equipping students with the practical skills and knowledge necessary for success in both their careers and adult lives. Their courses open doors to countless career opportunities and empower students to become innovative, skilled, and confident individuals ready to meet the challenges of tomorrow.

Please join me in celebrating CTE Month and in expressing our gratitude to Mr. Carey, Dr. Cronk, Ms. DeBoer, Mr. Dodick, Mr. Donovan, Mr. Wall, and Mr. Irwing

Thank you to Mrs. McIntyre for putting in the time and effort to apply and earn a grant to take all of her Geoscience Classes to The Space Explorers: The Infinite Exhibit held at the Center for the Arts. Midland, MI is the ONLY city in the entire Midwest featuring this experience throughout 2025. What a great experience for all!

#### **ANNOUNCEMENTS**

**Final Course Request Review:** Students and Families can view course requests in StudentVUE. To make changes, please use this GoogleForm (https://forms.gle/Gd9zNzGbK3TYdoiP7) or obtain a form at the counseling center.

The review window opens Friday, February 28th. All changes must be submitted by 4:00 PM on Monday, March 3rd. Requests after March 3rd will be addressed when schedules are released in August.

**Mr. Midland:** Mr. Midland High will be held next Thursday, March 6, in the main gym beginning at 7:00 p.m. The cost of attending the event is \$3. This year's competitors include Seven Lutz, Rylee Marshall, Cody Ridder, Colter Mahabir, Jacob Specht, Christopher Van Hampler, and Donald Scott Cornelius to name a few. We hope you come out to join us as they share a talent with us, model apparel, answer questions, and more. We hope to see you on March 6 at 7:00 p.m.! If you want to participate and have not yet signed up, see Ms. Albright in room 337.

# **Black History Month:**

Today in Black History, we will learn about a current media figure. In 2015, at the age of 55, Lester Holt became the first African American anchor of "NBC Nightly News," after the show had been on the air for almost 70 years. He was also the first Black person to solo anchor a weekday network nightly newscast in America. Initially, Holt did not recognize the importance of his hiring at NBC Nightly News, and said "I started getting notes from people and photographs of little

children of color watching me, and it really began to sweep over me what the impact is. I've always said that we, the journalists, represent an entire diverse country and we should have a newscast that mirrors that country in as many ways as possible. I'm honored and blessed to be in a position that can inspire. Kids can look up and say, 'I can do that.' It's another door we passed through." This week, Lester Holt announced that he will be retiring from NBC Nightly News early this summer.

**P2P:**Chemics, we hope you have enjoyed learning about how healthy foods can impact your mental health over the past two weeks. As a reminder, eating well can be the key to feeling your best, both mentally and physically! Foods like kale and Greek yogurt contain antioxidants and anti-inflammatory properties that support mental health. To conclude these past couple of lessons brought to you through announcements and social media, P2P is hosting a lunchtime event TODAY, during both lunches! Come to Eyeball Alley and try some healthy foods that the Midland Cafeteria has to offer (I heard there will also be some samples of smoothies!!!) You will discover the powerful benefits of healthy foods and even try them for yourself. It's time to make eating for mental health a priority! Don't forget-this event is hosted by P2P, and we can't wait to see you there!

**WeRise Campaign:** Good morning, students, and staff! My name is Natasha Kuchnicki. Today, we'll be discussing an important concept from the CRISP acronym that helps guide our understanding of consent. The letter "R" stands for Reversibility. "Reversibility of consent" means that consent can be withdrawn at any time, no matter the situation or prior agreement. Just because someone has said "yes" once, doesn't mean they can't change their mind later. It's important to remember that all people have the right to say "no" or stop an activity whenever they choose, without any pressure or consequences. Whether it's in a friendship, a group project, or any other scenario, the ability to change your mind is always valid. Let's all continue to be kind, respectful, and supportive of each other, creating an environment where everyone feels safe and valued. Tomorrow we will be learning about "I" in CRISP. Thank you for listening!

**Pom:** Varsity Pom tryouts for the next school year will be on March4th and 5th in the aux gym. TRYOUT PACKETS ARE AVAILABLE IN THE ATHLETE OFFICE. PLEASE fill in the team application google form linked in the daily announcements online by clicking HERE. JV POM TRYOUTS WILL BE HELD IN APRIL!QUESTIONS? PLEASE See Ms. Stearns in room 330 anytime!#YAYPOM

**Club Med:** There will be a meeting this Thursday, February 27th in Mrs. McDonald's room. We will have a guest speaker who is a psychologist! See you there!

# **SKI CLUB**

Attention Winter Warriors! To the 22 students joining our ski trip tomorrow, keep an eye on your email after school today for important details about trip plans and departure times. Plus, great news is the mountain is expecting a few inches of fresh powder, making for an epic night on the slopes! Get ready for an unforgettable adventure.

### **POSITIVE THINKING**

### **Get Started**

The miracle isn't that I finished. The miracle is that I had the courage to start! Thinking or talking about starting won't actually get you started. Make a plan. Break it down into daily goals. Start today. "Actions speak louder than words."

## **SPORTS ACTION**

**Girls 9th Basketball**: Last night the Freshman girls basketball team defeated Bay City Central 47-26. Aubrey Jarosiewicz led the way with 15 points and 4 assists. Ellie Powell added 13 points and 7 rebounds while Eden Viet contributed 6 points and 8 rebounds. Great team win!

**Girls JV Basketball:** We lost a hard-fought battle tonight against a very tough Freeland team. We had trouble from the start and just couldn't fit all the pieces of the puzzle together tonight. Morgan Palmer led the team scoring tonight with 12 points. Olivia Wiggins, Jasmyn Dawson, and Cady McPeak all added 5 points each. Lily Skedel, Mollie Russell, and Hannah Murtha fought exceptionally well on defense tonight! Last game of the season, Thursday night against TC!

**Girls Varsity Basketball:** Varsity girls battled against state ranked Freeland last night and fell short in OT 51-49. It was a great night for basketball, the stands were packed, our student section was loud and the Chemics battled for the entire

game. Leading the Chemics was Ellee Arnold with 15 points and Payton Palmer with 13 points. Chemics play their last home game tomorrow at home against Traverse City Central.

**Unified Basketball:** It was an exciting evening for the Midland High Unified Basketball Team as they wrapped up their season with an intersquad matchup. We also celebrated Senior Night for Robbie, Brandon, Colter, Greyson, Nicole, Abigail, and Erica. Thank you to everyone for all your support throughout the season!

## **IN SPORTS ACTIVITIES**

Hockey MHSAA Finals v Marquette 7:15pm

Boys Varsity Basketball at MHSAA District Semifinals @ Cadillac 5:30pm

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