

DECEMBER 2022

Isleta Elementary School

BREAKFAST



School Information:

Isleta Elementary School
1000 Moonlight Drive
505-869-2321



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

MONDAY



TUESDAY

WEDNESDAY



THURSDAY

FRIDAY

Jump Start Breakfast Kit **5**
Fresh Fruit
Choice of Milk

Hashbrown Stacker **6**
Fruit
100% Apple Juice
Choice of Milk

Cinnamon Toast Crunch **7**
Cheese Stick
Fresh Fruit
100% Orange Juice
Choice of Milk

WG Blueberry Muffin **1**
Hardboiled Egg
Fresh Fruit
100% Apple Juice
Choice of Milk

Sausage and WG Pancake **2**
Sandwich
Fruit
100% Orange Juice
Choice of Milk

Sausage Pancake on Stick **12**
Fresh Fruit
100% Orange Juice
Choice of Milk

WG Bagel **13**
Cream Cheese
Fresh Fruit
100% Juice
Choice of Milk

Egg & Cheese Breakfast Taco **14**
Salsa
Fresh Fruit
100% Orange Juice
Choice of Milk

Breakfast Pizza **8**
Fresh Fruit
100% Apple Juice
Choice of Milk

Yogurt **9**
Granola w/Craisins
100% Orange Juice
Choice of Milk

Honey Nut Cheerios **15**
Yogurt
Fruit
Choice of Milk

Scrambled Eggs **16**
Hashbrown
Turkey Sausage
Fruit
Choice of Milk

Yogurt Parfait **19**
Graham Crackers
100% Orange Juice
Choice of Milk

French Toast Sticks **20**
Syrup
Fresh Fruit
Choice of Milk

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break

****No School****
Winter Break