

SEPTEMBER 2023

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTARY TO ALL STUDENTS (after morning bell)

Lunch – \$3.50 paid SY23-2024 & 0¢-reduced ☐ Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		FRIDAY SCHOOL SEPT, 29TH	29 Friday School (only) PB & Jelly Sack Lunch String Cheese, Carrot w/ Ranch, Apple, Chip Milk
4 NO SCHOOL Happy Labor Day  To ALL Of You	5 Breakfast WG Pop Tart String Cheese Fruit & Milk Lunch (only) Hamburger w/ Fries Fruit, veggies, Milk	6 Breakfast WG Muffins w/Cracker Fruit & Milk Lunch (only) Meat Spaghetti w/ Tx Toast Fruit, Veggies, Milk	7 NO SCHOOL FAIR DAY
11 Breakfast Chocolate Oat Bar Oranges & Dried Fruit, Milk Lunch Hamburger Hot Dog w/ Baked Beans Fruit , Veggies, Milk	12 Breakfast Bagel w/ Cream cheese Applesauce & Dried Fruit, Milk Lunch Chili Hot Dogs w/ Cheese Yogurt & Granola Pack Fruit, veggies, Milk	13 Breakfast Warm Waffle Apple & Milk Lunch Sweet & Sour Chicken w/ Noodles Turkey & Cheese Sand Fruit, veggies, Milk	14 Breakfast Cereal w/ Cracker Banana & Milk Lunch Pizza Stix w/ Marinara Alfredo & Noodles w/ Tx Toast Fruit, veggies, Milk
18 Breakfast Cereal Bar w/ String Cheese Apple, Milk Lunch Chicken Nuggets PB & Jelly w/ String Cheese Baked Beans Fruit, veggies, Milk	19 Breakfast Yogurt w/ Cracker Fruit, Milk Lunch Nacho's w/ Meat & Cheese Bean & Cheese Burrito Sweet Corn Fruit, veggies, Milk	20 Breakfast Cinnamon Roll Applesauce & Dried Fruit, Milk Lunch Meat Lasagna w/ TX Toast or Italian Meatball Sub Green Beans Fruit, veggies, Milk	21 Breakfast Cereal , Sun seeds Dried Fruit & Milk Lunch BBQ Pork Rib Sand Ham & Cheese Sand Fruit, veggies, Milk
25 Breakfast Apple Strudel Apple Juice & Dried Fruit, Milk Lunch Crispy Chicken Burger Corn Dog Seasoned Baked Beans Fruit, veggies, Milk	26 Breakfast Hot Biscuit w/ Applesauce& Dried Fruit, Milk Lunch Crunchy Beef Taco Chicken Tostada Seasoned Beans & Rice Fruit, veggies, Milk	27 Breakfast Nutri- Grain Bar w/ Cracker Peaches & Dried Fruit, Milk Lunch Orange Chicken w/ Veggie Fried Rice & Egg Roll Soft Pretzel w/ /Cheese Fruit, veggies, Milk	28 Breakfast Cereal, Cracker Banana & Milk Lunch Baked Potato w/ Chili & Cheese w/ Roll New Toasted Cheese Sand Fruit, veggies, Milk

This institution is an equal opportunity provider.