

Standards Crosswalk

8th Grade

National Health Standards			
LESSON #	LESSON NAME	ANCHOR STANDARDS	CONTENT STANDARDS
BULLYING UNIT			
Lesson 1	Recognizing Bullying	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Advocacy	1.8.6, 4.8.4, 4.8.9, 5.8.2, 5.8.5, 5.8.7, 8.8.1, 8.8.5
Lesson 2	Cyberbullying: The New Bathroom Wall	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making, Health & Safety Practices	1.8.4, 1.8.6, 2.8.3, 4.8.3, 4.8.4, 4.8.8, 4.8.9, 5.8.2, 5.8.5, 5.8.6, 5.8.7, 7.8.3
Lesson 3	Training Your Brain to Be Compassionate	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making	1.8.2, 1.8.3, 1.8.6, 2.8.1, 4.8.3, 4.8.6, 4.8.9, 5.8.4, 5.8.5, 5.8.6, 5.8.7
ABUSE UNIT			
Lesson 1	Types of Abuse	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Advocacy	1.8.4, 1.8.6, 4.8.3, 4.8.4, 4.8.5, 5.8.2, 8.8.1
Lesson 2	Varied Effects of Abuse	Functional Health Knowledge, Interpersonal Communication, Advocacy	1.8.4, 4.8.3, 4.8.4, 8.8.1
Lesson 3	Creating Healthy Relationships	Functional Health Knowledge, Interpersonal Communication	1.8.2, 1.8.4, 4.8.3, 4.8.6, 4.8.7, 4.8.8
SUBSTANCE USE UNIT			
Lesson 1	Peer Pressure	Functional Health Knowledge, Analyzing Influences, Interpersonal Communication, Decision-Making, Health & Safety Practices	1.8.2, 1.8.3, 1.8.4, 1.8.5, 1.8.6, 1.8.8, 2.8.3, 4.8.5, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 7.8.1
Lesson 2	Spotlight: Alcohol & Vaping	Functional Health Knowledge, Access To Information/ Products/Services, Decision-Making, Health & Safety Practices	1.8.2, 1.8.3, 1.8.4, 1.8.5, 1.8.6, 1.8.7, 1.8.8, 3.8.9, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 7.8.1
Lesson 3	Addiction	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Goal Setting, Advocacy	1.8.2, 1.8.3, 1.8.5, 1.8.8, 4.8.4, 5.8.2, 5.8.3, 5.8.5, 5.8.6, 5.8.7, 5.8.8, 6.8.5, 8.8.1
SELF-HARM & SUICIDE UNIT			
Lesson 1	Mental Health: How We Think, Feel, & Act	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Advocacy	1.8.2, 1.8.3, 1.8.6, 4.8.3, 5.8.2, 8.8.1
Lesson 2	There Is A Better Way!	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Advocacy	1.8.1, 1.8.2, 1.8.3, 1.8.5, 1.8.6, 1.8.8, 4.8.3, 4.8.4, 5.8.2, 8.8.1
Lesson 3	Suicide: The Permanent Decision	Functional Health Knowledge, Interpersonal Communication, Decision-Making, Advocacy	1.8.1, 1.8.3, 1.8.4, 1.8.8, 4.8.3, 4.8.4, 5.8.2, 8.8.1

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8th Grade

CASEL & ASCA CROSSWALK			
LESSON #	LESSON NAME	CASEL Competency	ASCA Mindsets & Behaviors
BULLYING UNIT			
Lesson 1	Recognizing Bullying	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 2., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 2	Cyberbullying: The New Bathroom Wall	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 2., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 3	Training Your Brain to Be Compassionate	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-LS 9., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 9., B-SS 2., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
ABUSE UNIT			
Lesson 1	Types of Abuse	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 9., B-SS 2., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 2	Varied Effects of Abuse	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 2., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 3	Creating Healthy Relationships	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 2., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 2., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
SUBSTANCE USE UNIT			
Lesson 1	Peer Pressure	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., M 5., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 4., B-SMS 6., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 2	Spotlight: Alcohol & Vaping	Self-Awareness, Self-Management, Social Awareness, Responsible Decision-Making	M 1., B-LS 1., B-LS 9., B-SMS 1., B-SMS 2., B-SMS 4., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 3	Addiction	Self-Awareness, Self-Management, Social Awareness, Responsible Decision-Making	M 1., B-LS 1., B-LS 9., B-SMS 1., B-SMS 2., B-SMS 9., B-SS 3., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
SELF-HARM & SUICIDE UNIT			
Lesson 1	Mental Health: How We Think, Feel, & Act	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 7., B-SMS 9., B-SMS 10., B-SS 3., B-SS 8., B-SS 9.
Lesson 2	There Is A Better Way!	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., B-LS 1., B-SMS 1., B-SMS 2., B-SMS 6., B-SMS 7., B-SMS 9., B-SMS 10., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.
Lesson 3	Suicide: The Permanent Decision	Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	M 1., B-LS 1., B-SMS 1., B-SMS 6., B-SMS 7., B-SMS 9., B-SS 3., B-SS 4., B-SS 5., B-SS 8., B-SS 9., B-SS 10.