## **ARE YOU A PARENT?**

## JULY 16TH, 23RD, & 30TH PARENTING CLASSES

Three Parenting Sessions designed to help parents with communication, behaviors, emotions, and parenting styles.

Registration Required For more information or to register contact Shannon at:

Phone: (478) 703-7837

Email: shannonnicholee@gmail.com

Website: <a href="https://parentingclasses2022.eventbrite.com">https://parentingclasses2022.eventbrite.com</a>

Cost: Free





**Effective Communication** 

**Identifying Emotions** 

Listening & Responding to children

Structure & Limits: preventing and managing problem behavior

Authoritarian vs.
Authoritative
parenting styles

**Place: TBA** 

July 16th, 2022: 4-6 PM

July 23<sup>rd</sup>, 2022: 4-6 PM

July 30th, 2022: 4-6 PM