

Monday

Tuesday

Wednesday

Thursday

Friday

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice
Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

4

French Toast Sticks

Cheeseburger
Waffle Fries
Steamed Carrots
Mixed Fruit Salad

5

Egg & Potato Breakfast Boat

Chicken Nuggets w/ Mac & Cheese
Steamed Broccoli
Corn on the Cob
Apple Slices

6

Biscuits & Gravy
OR Fruit Strudel

Beef, Bean & Corn Enchiladas
Cornbread
Mixed Veggies / Side Salad
Sliced Pears

7

Mini Waffles w/ Syrup

French Bread Pizza w/ Marinara
Green Beans
Golden Corn
Pineapple

1

Egg & Cheese on Biscuit
Tater Tots

Spaghetti & Meat Sauce w/ Garlic Bread
Mixed Green Salad
Veggie Blend
Sliced Apples

11

No School



12

Scrambled Eggs, Toast
Hash Browns

Salisbury Steak w/ Dinner Roll
Mashed Potatoes w/ Gravy
Sautéed Onions & Peppers
Mandarin Oranges

13

Oatmeal / Donuts

Cheese Pizza
Steamed Broccoli
Glazed Carrots
Apple Crisp w/ Ice Cream

14

Mini Pancakes w/ Syrup

Shredded Pork BBQ Sandwich
Mixed Green Salad
Cheesy Scalloped Potatoes
Mixed Fruit Salad

8

No School



15

Egg & Cheese on Biscuit
Tater Tots

Chicken Patty Parmesan w/ Spaghetti
Green Beans
Sliced Cucumber / Carrots
Orange Slices

18

Breakfast Pizza

French Bread Pizza w/ Marinara
Green Beans
Corn on the Cob
Sliced Peaches

19

Egg & Cheese Bosco Stick
Hash Browns

Turkey Sloppy Joe
Waffle Fries
Baked Beans
Applesauce

20

Chocolate Long John / Oatmeal

3-Cheese Chicken Bake
w/ Garlic Bread
Mixed Veggies
Side Salad
Mandarin Oranges

21

Pancakes w/ Syrup

BBQ Rib Sandwich
Glazed Carrots
Creamy Coleslaw
Fresh Melon

22

Egg & Cheese on Biscuit
Tater Tots

Beef Tacos w/ Cheese
Cheesy Refried Beans
Lettuce / Tomato
Pineapple / Cinnamon Churro

25

French Toast Sticks

Popcorn Chicken Bowl w/ Sliced Bread
Mashed Potatoes w/ Gravy
Golden Corn
Sliced Pears

26

Egg & Potato Breakfast Boat

Saucy Meatball Sub
Green Peas
Sliced Cucumber w/ Ranch
Fruit Cocktail

27

Biscuits & Gravy
OR Fruit Strudel

Crispy Chicken Sandwich
Ranch House Potatoes
Glazed Carrots
Grapes / Cookie

28

Mini Waffles w/ Syrup

Grilled Cheese & Tomato Soup
Steamed Broccoli
Garden Peas & Carrots
Sliced Apples

29

Sausage, Egg & Cheese
English Muffin
Tater Tots

Turkey Pot Pie w/ Biscuit
Green Beans
Broccoli Salad
Banana / Halloween Treat

Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

Monday

Tuesday

Wednesday

Thursday

Friday



4

Chicken Alfredo Pasta w/ Breadstick
Steamed Broccoli
Bread Pudding

5

Meatloaf w/ Dinner Roll
Mashed Potatoes w/ Gravy
Glazed Carrots
Applesauce / Popsicle

6

Grilled Chicken Sandwich
French Fries
Fruit Cocktail

7

11



12

Chicken Nachos
Lettuce, Tomato, Salsa, Cheese
Sauce
Peach Cobbler w/ Whip

13

Beef Lasagna w/ Garlic Bread
Mixed Green Salad
Sliced Pears

14

French Toast
Scrambled Eggs / Sausage
Hash Brown Triangles
Pineapple

15

18

Philly Chicken Sandwich w/ Cheese
Mixed Vegetables
Mandarin Orange Fluff

19

Tater Tot Casserole
Mixed Green Salad
Mixed Veggies
Tropical Fruit Salad

20

Bacon Cheeseburger
Waffle Fries
Steamed Carrots
Sliced Peaches

21

Homestyle Pepperoni Pizza
Steamed Broccoli
Ice Cream Bar

22

25

Shredded Pork BBQ Sandwich
Assorted Chips
Baked Beans
Mandarin Oranges

26

General Tso Chicken
Steamed Rice / Egg Roll
Garden Peas
Pineapple / Fortune Cookie

27

Spaghetti & Meat Sauce
w/ Garlic Bread
Mixed Green Salad / Veggie Blend
Chocolate Pudding / Vanilla Wafers

28

Oven-Fried Chicken Legs
Sliced Bread & Butter
Mashed Potatoes w/ Gravy
Mixed Fruit Salad

29

Questions?

Contact Tessa Adcock, Food Service Director

tadcock@kssdb.org