

## **SEPTEMBER 2022**

**Quitman County Schools** 

## Menu Subject to Change

	Monday	Tuesday	Wednesday	Thursday	Friday
				B.B.Q. Sandwich M/MA & G Coleslaw-V Baked Beans-V Sweet Potato Bites-V	No 2 School
C	No 5 School Labor Day	Cheeseburger- M/MA & G Lettuce & Tomatoes-V Green Beans-V Chips-G	Meatloaf Slices-M/MA 7 Mashed Potatoes-V Steamed Carrots-V Side Salad-V Biscuit-G	Chili-M/MA WG Crackers-G Baked Potatoes-V Side Salad-V Steamed Broccoli-V	Popcorn Chicken-M/MA9 Fries-V Baked Beans-V Celery Sticks w/Ranch-V Roll-G
F	Taco-M/MA & G Shred Lettuce & Tomatoes-V Black Beans-V Cilantro Lime Rice-G Stewed Tomatoes-V	Chicken Chunks-M/MA 3 Creamed Potatoes-V Steamed Squash-V Side Salad-V Roll-G	Meatball Sub M/MA & G Chips-G Roasted Sweet Potatoes-V Green Beans-V Side Salad-V	Hamburger Steak 15 M/MA Rice-G Steamed Broccoli-V Side Salad-V Roll-G	Chili Cheese Dog M/MA & G Baked Beans-V Fries-V Cucumber Coins-V Chicken Sand-Head Start
	Ham & Cheese Sandwich9 M/MA & G Lettuce & Tomatoes-V Green Beans-V Chips-G	Mini Calzone-M/MA & 20 Side Salad-V California Blend-V Stewed Tomatoes-V Steamed Corn-V Green Peas-V-Head Start	Fish Sandwich M/MA & G Fries-V Carrot Sticks w/Ranch-V SteamedBroccoli-V	Baked Chicken-M/MA22 Scalloped Potatoes-V Collards-V Cornbread-G Side Salad-V	Sausage Dog-MMA & 23 Baked Beans-V Coleslaw-V Onions and Peppers-V Chips-G Sausage Sliders-Head Start
	Beef Nachos M/MA & G Shred Lettuce & Tomatoes-V Black Bean &Corn Salsa-V Mexican Rice-G Stewed Tomatoes-V	Grilled Chicken Sandw M/MA & G Lettuce & Tomatoes-V Chips-G Steamed Broccoli-V	Cheese Sticks-M/MA 28 Marinara Sauce-V Green Peas-V Side Salad-V Sweet Potatoes-V	Pork Chops-M/MA 29 Rice & Tomatoes-V & G Green Beans-V Side Salad-V Roll-G	Lemon Pepper Chicke 30 M/MA Tri-Tater-V Baked Beans-V Side Salad-V Roll-G

Early Head Start & Head Start: Milk and fruit served with all meals QCS: Choice of milk and fruit served with all meals

Elementary & Middle School: Choice of PB & J Sandwich or Pizza or Entrée High School: Choice of Pizza or Pre-Packaged Salads or Entrée

M/MA: Meat/Meat Alternate V: Vegetable G: Grain. E: Extra

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