

SEPTEMBER 2023

Burns High School Lunch Menu


Lunch – \$3.55-paid & 0¢-reduced ☐ Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Friday School Sept 29th	Friday School Sept 29 (Only) PB & Jelly Sack Lunch String Cheese, Carrot w/ Ranch, Apple, Juice, Chip Milk	
4 NO SCHOOL 	5 Lunch <i>Sandwiches & Salads daily</i> Hamburger & Fries Lettuce, Tomato, Pickle Mixed Fruit & Milk	6 Lunch <i>Sandwiches & Salads daily</i> Spaghetti w/ TX Toast Green Salad w/ Peppers Green Beans Oranges & Milk	7 NO SCHOOL FAIR DAY
11 Lunch <i>Sandwiches & Salads daily</i> Corn Dogs Baked Beans Salad w/ Cucumbers Mixed Fruit & Milk	12 Lunch <i>Sandwiches & Salads daily</i> Hot Dogs w/ Chili & Cheese Salad w/ Cucumbers Mixed Fruit & Milk	13 Lunch <i>Sandwiches & Salads daily</i> Sweet & Sour Chicken w/ Noodles Green Salad w/ Broccoli Applesauce, Milk	14 Lunch Pizza Stix w/ Marinara Salad w/ Cauliflower Banana, Milk
18 Lunch <i>Sandwiches & Salads daily</i> Hot Toasted Cheese Sand Green Salad w/ Sun seeds & Dried Fruit, Chips Strawberries & Milk	19 Lunch <i>Sandwiches & Salads daily</i> Nacho's w/ Meat & Cheese Sweet Corn Oranges & Milk	20 Lunch <i>Sandwiches & Salads daily</i> Meat Lasagna w/ Texas Toast Salad w/ Dressing Peaches & Milk	21 Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Lettuce, Tomato, Pickle Cole Slaw Apple & Milk Friday school
25 Lunch <i>Sandwiches & Salads daily</i> Crispy Chicken Burger Lettuce, Tomato, Pickle Baked Beans Apricots & Milk	26 Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Lettuce, Tomato, Cheese Sour Cream & Salsa Seasoned Rice Oranges & Milk	27 Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Veggie Fried Rice & Egg Roll Green Salad w/ Chinese Noodles Fruit & Milk	28 Lunch Baked Potato w/ Cheese & Bacon Salad w/ Dressing Banana & Milk

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