

MOENCOPI DAY SCHOOL

-2023-

NOVEMBER

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

Reference: North American Food Service



Adult Lunch \$4.25
Sides \$1.50
Milk \$0.50

This Institution is an equal opportunity.

****MAY SUBJECT TO CHANGE****

6 Tuscan Grilled Cheese Sandwich
 Minestrone Soup
 Steamed Corn
 Diced Pears
 Assorted Milk

7 Pork Pozole
 WG Fry Bread
 Steamed Broccoli
 Melon Bowl
 Assorted Milk

8 Chicken Tacos
 Mild Salsa
 Black Beans
 Fresh Fruit
 Assorted Milk

9 Beef Asian Meatballs
 Seasoned Brown Rice
 Asian Vegetables
 Baby Carrots
 Pineapple Tidbits
 Assorted Milk



13 Native Taco w/ Fry Bread
 Mild Salsa
 Mixed Berries
 Assorted Milk

14 Pulled BBQ Turkey
 Seasoned Brown Rice
 Sweet Cinnamon Squash
 Green Beans
 Fresh Fruit
 Assorted Milk

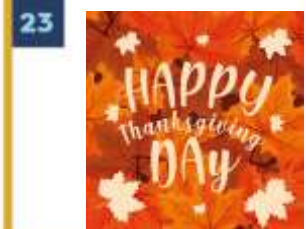
15 Beef Shepherd's Pie
 Dinner Roll
 Strawberries & Bananas
 Assorted Milk

16 White Chicken Chili
 WG Cornbread
 Honey Dilled Carrots
 Roasted Cauliflower
 Blueberries
 Assorted Milk

17 Italian Pizza Sandwich
 Romaine Salad
 Lite Ranch Dressing
 Fresh Fruit
 Assorted Milk

20 Roasted Herb Turkey
 WG Fry Bread
 Three Sisters Salad
 Diced Peaches
 Assorted Milk

21 Turkey/Mash Potatoes/w gravy
 Stuffing
 WG Dinner roll
 Mixed Vegetables
 Cranberry Sauce & Pumpkin Pie
 Assorted Milk



27 Philly Chicken Sub
 Western Beans
 Italian Baby Potatoes
 Mango Chunks
 Assorted Milk

28 Red Pozole
 WE Flour Tortilla
 Red Grape Tomato
 Romaine Salad
 Lite Ranch Dressing
 Fresh Fruit
 Assorted Milk

29 Volcanic Meatloaf
 WG Bread w/ Butter
 Mashed Potatoes
 Poultry Gravy
 Mixed Vegetables
 Blush Applesauce
 Assorted Milk

30 Chicken Teriyaki
 Seasoned Brown Rice
 Sweet & Sore Broccoli Salad
 Parsley Carrots
 Fresh Fruit
 Assorted Milk