

DECEMBER 2023 Taylor-White Elementary

BREAKFAST

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



MONDAY



Sausage Biscuit
Fruit
Juice
Milk

4

TUESDAY



Ham and Cheese
Croissant
Fruit
Juice
Milk

5

WEDNESDAY



Breakfast Bagel
Fruit
Juice
Milk

6

THURSDAY



Cinnamon Bagel
Fruit
Juice
Milk

7

FRIDAY

Sausage Biscuit
Fruit
Juice
Milk

1

Pancake on a Stick
Fruit
Juice
Milk

11

Cheese Quesadilla
Sausage
Fruit
Juice
Milk

12

Apple Fritter
Sausage
Fruit
Juice
Milk

13

Egg Biscuit
Fruit
Juice
Milk

14

Muffin
Yogurt
Fruit
Juice
Milk

15

NO SCHOOL!!!

18



NO SCHOOL!!!

19

WINTER

NO SCHOOL!!!

20

BREAK

NO SCHOOL!!!

21

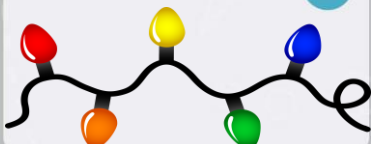
NO SCHOOL!!!

22



NO SCHOOL!!!

25



NO SCHOOL!!!

26

NO SCHOOL!!!

27

NO SCHOOL!!!

28

Happy Holidays!

NO SCHOOL!!!

29

