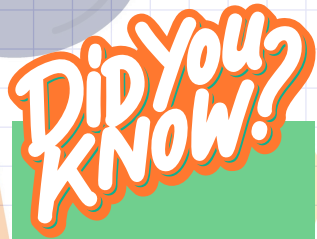


A choice of milk and a Grab N' Go will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LABOR DAY</b> No School 1	Beef or Chicken Nachos Refried Beans Spanish Rice Homemade Salsa Garden Fresh Salad with Toppings Orange Smiles 2	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Roasted Vegetables Garden Fresh Salad with Toppings Peach Crisp 3	Chicken Parmesan with Garlic Bread or Choice of Pizza Steamed Vegetables Garden Fresh Salad Fruit Cup 4	Bacon Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 5
Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Garden Fresh Salad with Toppings Fruit Salad 8	Soft or Crispy Tacos Shredded Lettuce Chopped Tomatoes Pinto Beans Spanish Rice Homemade Salsa Fruit Cup 9	Homemade Smothered Steaks or Chicken Strips Hot Roll Mashed Potatoes Steamed Vegetables Garden Fresh Salad with Toppings Fruit Cup 10	Ravioli in Marinara Sauce with Breadstick or Choice of Pizza Seasoned Vegetables Garden Fresh Salad Fruit Dessert 11	Chicken Sandwich or Chili Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 12
Big Grilled Cheese or Macaroni & Cheese Choice of Chips Steamed Broccoli Garden Fresh Salad with Toppings Fruit 15	Enrolladas or Crisпитos Pinto Beans Spanish Rice Homemade Salsa Garden Fresh Salad with Toppings Fruit Cup 16	Chicken Drumsticks or Boneless Wings with Hot Roll Mashed Potatoes Seasoned Vegetables Garden Fresh Salad with Toppings Berries & Cream 17	Spaghetti with Meat Sauce & Garlic Toast Steamed Vegetables Garden Fresh Salad Fruit Cup 18	BBQ Sub or Chicken Sandwich Basket with Fries Lettuce, Pickles and Tomatoes Fresh Baked Cookie Fresh Fruit 19
Mac & Cheese Bowls Garlic Knot Roasted Vegetables Garden Fresh Salad with Toppings Fruit Cup 22	Beef or Chicken Nachos Refried Beans Spanish Rice Homemade Salsa Garden Fresh Salad with Toppings Orange Smiles 23	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Green Beans Garden Fresh Salad with Toppings Fruit Cup 24	Chicken Alfredo with Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Dessert 25	Specialty Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 26
*Asian Bowl with Fried Rice or Popcorn Chicken Seasoned Vegetables Garden Fresh Salad with Toppings Fruit Salad 29	Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Shredded Lettuce Chopped Tomatoes Fruit Cup 30			

A choice of milk will be offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 9/1, 9/15 & 9/29	Pancake Wrap	Eggs with Sausage & Toast	Breakfast on Bun	Breakfast Pizza	Yogurt Parfait & Grahams
WEEK OF 9/8 & 9/22	Pig in a Blanket	Eggs & Bacon with Toast	Biscuits & Gravy	Breakfast Tacos	Banana Bread



September is National Fruits and Veggies month!

Eating your fruits & veggies help you grow strong & keep you healthy.

