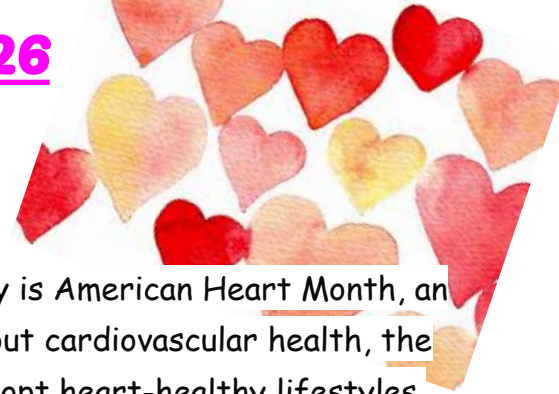


Tri-Township Tribunal

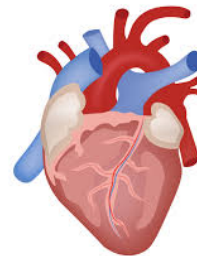
February Edition 2026



February is finally here after the longest January ever! February is American Heart Month, an annual, federally designated event aimed at raising awareness about cardiovascular health, the leading cause of death in the U.S.. It encourages individuals to adopt heart-healthy lifestyles, understand risk factors, and participate in initiatives like National Wear Red Day to promote prevention and awareness.

Participating in Heart Health:

- Learn CPR
- Manage Blood Pressure
- Engage in Heart Healthy Exercise
- Make Small Diet Changes
- Reduce Stress with Mindfulness Activities
- Wear Red to Increase Awareness



Seniors

FAFSA is open!!! Make sure to log in to studentaid.gov and start your FAFSA application. Remember you and 1 parent each need a separate account. If you are not going to college/university, or trade school, you will need to see Mrs. Urban for the opt-out form or print your own here: <https://www.in.gov/che/files/FINAL-2025-26-FAFSA-Opt-Out-Waiver.pdf> . This is a requirement for graduation to either complete the FAFSA or opt out form. The deadline for submitting the FAFSA or opt-out form is April 15th!

All Seniors need to complete their **Pathway Paperwork** and turn it in to Mrs. Urban by May 22nd! Pathway paperwork includes: Work based learning or extra curricular activity essay, verification form signed by a coach or employer, resume, coverletter, and signature form. The link to Pathways paperwork is here: <https://www.tritownship.k12.in.us/graduationpathways>

Sophomores

Mrs. Urban has met with all Sophomores for next year's course requests.

Freshman

Mrs. Urban has started meeting with Freshmen to discuss their course selections for next year.

Important Dates:

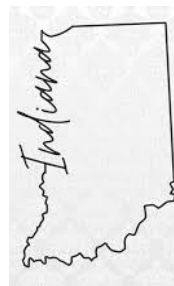
February 3rd: Senior Trip to the Indiana State House

February 14th: Valentine's Day

February 16th: President's Day

February 20th: Progress Reports

February 26th: Student SAT Readiness Test (All in person Juniors need to be present)



Homework Assistance

Ask Rose: If you or your student needs help with math or science homework, he or she can use Ask Rose for free help from a Rose-Hulman tutor. Students can chat, call, or email. For more information, please visit <https://askrose.org/>.

Food Assistance & Resource Links:

- [Food Pantry Locator](#)
- [Local Food Pantry Map](#)



Offering FREE fruits, vegetables, protein, and other nutritious items to help meet your family's needs.

For alerts, text "MARKET" to 219-500-6464.

[/mobilemarketwi](#)
[@mobilemarketwi](#)

FIRST COME FIRST SERVED
WHILE SUPPLIES LAST

FEBRUARY 2026

WED, FEB 4 11 am	St. Mark AME Zion Church * 4200 Alder St, East Chicago	TUE, FEB 17 12 pm	Haven Hollow Park 330 W 700 N, Valparaiso
THU, FEB 5 10 am	Faith Bible Church 15327 Cline Ave, Lowell	WED, FEB 18 1 pm	Carter Memorial CME Church 635 W 49th Ave, Gary
FRI, FEB 6 1 pm	219 Health 13963 Morse St, Cedar Lake	THU, FEB 19 4 pm	Portage High School Door G 6270 US Hwy 6, Portage
SAT, FEB 7 9 am	Food Bank of Northwest Indiana 6490 Broadway, Merrillville	FRI, FEB 20 10 am	Kouts Christian Church 208 S Poland Ave, Kouts
TUE, FEB 10 1 pm	Valparaiso Family YMCA 1201 Cumberland Dr, Valparaiso	SAT, FEB 21 9 am	Food Bank of Northwest Indiana 6490 Broadway, Merrillville
WED, FEB 11 12 pm	Unity Outreach Ministries 1441 E Delaware St, Gary	TUE, FEB 24 10 am	TCA Health 5500 Hohman Ave, Hammond
THU, FEB 12 1 pm	Ridge United Methodist Church 8607 Columbia Ave, Munster	WED, FEB 25 2 pm	The Cross Church * 3616 Elm St, East Chicago
FRI, FEB 13 10 am	Our Lady of Grace Church 3025 Highway Ave, Highland	THU, FEB 26 12 pm	St. Teresa of Avila 1604 E Lincolnway, Valparaiso
SAT, FEB 14 9 am	Food Bank of Northwest Indiana 6490 Broadway, Merrillville	FRI, FEB 27 4 pm	Food Bank of Northwest Indiana 6490 Broadway, Merrillville

Unable to make it to a Mobile Market? Check our Pantry Locator to find a pantry near you! foodbanknw.org/pantry

The following percentages and dollar amounts of the total costs which will be financed with federal money: TEAF (23%, \$5,134,776) and CSFP (17%, \$1,313,104). The percentage and dollar amount of the total costs of the project or program that will be financed by nongovernmental sources is 60% (\$12,144,804).

(*) Denotes Sponsorship by Foundations of East Chicago

FREE LAUNDRY DAY

Representatives from The LaPorte County Family Resource Center, along with Ladybug Laundry, will be hosting a free laundry day.

PROVIDED:

- Laundry Detergent
- Dryer Sheets
- 2 Large or 3 Small Loads

WHILE SUPPLIES LAST

Due to high demand, we kindly request that you remain present for the duration of the washing and drying cycles of your clothing.



TIME & LOCATION:

LadyBug Laundry
1722 US 20 #7502
Michigan City
Monday, Feb 23rd
10 AM - 2 PM



STRENGTHENING INDIANA FAMILIES
FAMILY RESOURCE CENTER
LaPorte County

Scholarships

2026 IAPSS Sagamore Foundation Scholarship Application

The Indiana Association of Public School Superintendents will award two \$1,000 scholarships in April 2026. Applicants must be an Indiana Public High School Senior, attending a public high school, and related to a current member of the IAPSS. Applicants must be accepted to a 4 year or 2 year college or vocational/technical school. Please see the link for the application and full details. [W 2026 Sagamore Scholarship Application.docx](#)

Application for Indiana Teaching Scholarship Now Open


The [Indiana Commission for Higher Education](#) is currently accepting applications for the [Next Generation Hoosier Educators Scholarship](#), which provides up to \$40,000 in financial aid to aspiring teachers. High-achieving high school and college students who plan to teach in Indiana for at least five years can receive up to \$10,000 per year of college (up to

\$40,000 total) from the scholarship. Students must apply by February 28, 2026, via [ScholarTrack.IN.gov](https://scholartrack.in.gov). The Commission will notify applicants of their scholarship status via email in April 2026. Visit [Learn More Indiana](#) for more information and follow #NextTeacher on social media to stay updated on scholarship announcements. Questions can be directed to NextTeacher@che.in.gov.

Indiana Chapter of the American Public Works

The Indiana Chapter of the American Public Works Association would like to offer an opportunity to Indiana high school seniors to receive our 2026 annual scholarship. The scholarship is awarded to a high school senior who will pursue a degree program in a public works-related field. Such fields would include Civil Engineering, Environmental Engineering, Parks and Recreation, Municipal Planning, Public Administration, Public Works/Municipal Operations, and Fleet Management, among others. The degree may be through a university or technical school course of study. The scholarship awards \$1000.00 annually for 4 years, provided that the student demonstrates continued progress toward a public works field degree. A paid annual membership to the American Public Works Association is included in the award. Interested high school seniors should complete the attached application. For additional information AND the application, please go to our website at <https://indiana.apwa.org/resources/scholarship-opportunities/>. An application is attached for your convenience as well. Deadline is April 10, 2026.

Indiana Laborers' Training Trust Fund

The Indiana Laborers Training Trust Fund will be awarding the Virgil E. & Charles R. Morris Scholarship Award to a dependent son or daughter of construction management employees. Applications will need to include admission confirmation from your college/university, transcripts, recommendation from your school advisor or a resume of your personality traits, and parental information. The deadline is April 30th. Please find the application at this link:  [Scholarship App.pdf](#)

Scholarship Search Engines:

- <https://www.purdue.edu/dfa/apply/scholarshipuniverse/>
- <https://scholarsapp.com/>
- <https://www.fastweb.com/>
- <https://www.scholarships.com/>
- <https://bigfuture.collegeboard.org/scholarship-search#>
- <https://www.cappex.com/>
- <https://www.niche.com/colleges/scholarships/>
- <https://www.salliemae.com/college-planning/college-scholarships/>
- <https://www.unigo.com/scholarships/our-scholarships>
- <https://www.petersons.com/scholarship-search.aspx>
- <https://jlvcollegecounseling.com/scholarships/>
- <https://www.tuitionfundingsources.com/registration/>
- <https://studentscholarships.org>
- <https://learnmoreindiana.org/paying-for-college/scholarships/>

Kristina & Taylor

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