

OCTOBER 2022

Dawson Springs

Monday	Tuesday	Wednesday	Thursday	Friday
B 3	F 4	A 5	L 6	L 7
B	R	E	A	K
10 Grilled Cheese or Rib Sandwich, Tomato Soup, Broccoli w/Cheese, Coleslaw, Fruit or Juice & Milk	11 Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk	12 Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk	13 Hamburger, Cheeseburger or Bacon Cheeseburger, Fries, Pork-n-Beans, Lettuce/Tomato, Fruit or Juice & Milk	14 Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk
17 Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Stir Fry Veggies, Egg Roll, Side Salad, Roll, Fruit or Juice & Milk	18 Rotini w/Garlic Bread or Meatball Sub, Baby Bakers, Corn on the Cob, Side Salad, Fruit or Juice & Milk	19 Chicken Fried Steak or Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk	20 Chicken Fajita or Crispito w/Queso, Refried Beans, Mexican Rice, Lettuce/Tomato, Salsa & Chips, Fruit or Juice & Milk	21 Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk
24 Chili, Chili Dog or Hotdog, Baked Potato, Coleslaw, Fritos, Fruit or Juice & Milk	25 Lasagna w/Garlic Bread, or Calzone w/Marinara, Corn on the Cob, Cali Blend Veggies w/Cheese, Side Salad, Fruit or Juice & Milk	26 Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk	27 Tacos or Chicken Quesadilla, Refried Beans, Fiesta Veggies, Mexican Rice, Lettuce/Tomato, Salsa & Chips, Fruit or Juice & Milk	28 Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk
31 Chicken Tenders w/Roll or Buffalo Chicken Wrap, Broccoli w/Cheese, Tater Tots, Carrots w/Ranch, Fruit or Juice & Milk				

Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

- Monday: Sausage & Biscuit or Mini Pancakes
- Tuesday: Breakfast Pizza or Cinnamon Roll
- Wednesday: Sausage Egg & Cheese Biscuit or Mini Donuts
- Thursday: Chicken Biscuit or Banana Bread
- Friday: Tornado or Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

Menu is subject to change without notice

Ham & Cheese Croissant Sandwich w/ Chips & Pickle Spear
Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
Pizza Lunchable
Chef Salad

This institution is an equal opportunity provider.