December 2022

Mon	Tue	Wed	Thu	Fri
All menus are subject to change. This institution is an equal opportunity provider.	Harvest Month		MER	
Choice Menus for 6—8th Grade Breakfast—Variety of grab-n-go breakfast items offered Breakfast & Lunch — Choices of 1% and fat free milk Lunch — Choice of PBJ sandwich & cheese stick in place of entrée	Lettuce	K—5 Breakfast served in classrooms & 6—8 Grab-n-Go	1 Breakfast Nutri-Grain Bar / Graham Crackers / Fruit Lunch Cheesy Chicken / Steamed Rice WG Roll Oven Fried Okra Green Beans Fruit	2 Breakfast Pop-Tarts / Fruit Lunch Hamburger / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Fruit
5 Breakfast Cinnamon Bun / Fruit Lunch Pepperoni Pizza Marina Cup WK Corn Garden Salad Fruit	6 Breakfast Pop-Tarts / Fruit Lunch BBQ Pork / WG Bun or Chicken Fillet / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Fruit	7 Breakfast Mini Pancakes / Syrup / Fruit Lunch Spaghetti w/Meat Sauce WG Roll Butter Peas Garden Salad Fruit	8 Breakfast WG Glazed Donut / Fruit Lunch Hot Ham & Cheese / WG Bun or WG Corn Dog Tater Tots Fresh Veggies w/Dip Fruit	9 Breakfast Cereal / Fruit Lunch Popcorn Chicken Yeast Roll Creamed Potatoes Broccoli & Cheese Fruit
Nutri-Grain Bar / Graham Crackers / Fruit Lunch Chicken Fajitas/Tortilla or Tacos/Cheese/Tortilla Lettuce & Tomato Salsa Cup WK Corn Fruit	13 Breakfast Cinnamon Roll / Fruit Lunch Lasagna Bread Stick Green Beans Garden Salad Fruit	14 Breakfast Cereal / Fruit Lunch Baked Ham or Chicken Nuggets Yeast Roll Macaroni & Cheese Turnip Greens Yams Fruit	15 Breakfast Pop-Tarts / Fruit Lunch Mexican Rice w/Beef Yeast Roll Butter Peas Garden Salad Salsa Fruit	16 Breakfast Mini Pancakes / Syrup / Fruit Lunch Hamburger / WG Bun Chicken Breast Strips / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Baked Beans Fruit Early Release
19 Happy Winter Holidays!	20 / I N T F R	BREAK -	22 Dec 19 - Jai	23 1. 4
26	27	28	29	30
Bring on the NEW YEAR!	3 In-Service - Faculty & Staff	4 In-Service - Faculty & Staff	5 Breakfast Mini Cinnamon Buns / Fruit Lunch Pepperoni Pizza Marina Cup WK Corn Green Beans Fruit	6 Breakfast Cereal / Fruit Lunch BBQ Pork / WG Bun or Chicken Fillet / WG Bun Crinkle Cut Oven Fries Baked Beans Fruit