

Choose 1 Entrée.
(3 Daily Specials & 2 Daily
Alternates for the Month)

Lunch Includes: Protein ~ Grain ~Fruit~ Veggie ~Milk

Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.

You may take 2 fruit & 2 veggie choices!

Daily Fruit Offerings: Fresh, Cupped, 100% Juice

We Use Whole Grain Products! All Salads Come With a Grain.
Click here to view your lunch account: www.schoolpaymentportal.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| CAFÉ CONTACT INFO: Food Service Director: Kristine Colo gre@nsfm.com Phone: 856-224-4900 ext 2128 Milk: Skim Chocolate, Skim Strawberry, 1% White, Lactaid. *Menu subject to change This institution is an equal opportunity provider. | | Wednesday-September 1 | Thursday-September 2 | Friday-September 3 |
| Monday-September 6 | Tuesday-September 7 | Wednesday-September 8 | Thursday-September 9 | Friday-September 10 |
| Happy Labor Days | No Lunches Served 1/2 Day | Ham & Cheese Hoagie Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Bologna & Cheese Sandwich on a Bun Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Turkey & Cheese Wrap Smucker's P B & Jelly Sandwich Cereal Lunch <u>Sides:</u> Broccoli w/ Ranch Fresh & Cupped Fruit |
| Monday-September 13 | Tuesday-September 14 | Wednesday-September 15 | Thursday-September 16 | Friday-September 17 |
| Bologna & Cheese Sandwich on a Bun Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Chicken Wrap Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Italian Hoagie Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Ham & Cheese Sandwich on a Bun Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Cereal Lunch <u>Sides:</u> Broccoli w/ Ranch |
| Monday-September 20 | Tuesday-September 21 | Wednesday-September 22 | Thursday-September 23 | Friday-September 24 |
| Ham & Cheese Sandwich on a Bun Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Bologna & Cheese Sandwich on a Bun Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Turkey & Cheese Hoagie Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Chicken Wrap Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Ham & Cheese Wrap Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Broccoli w/ Ranch Fresh & Cupped Fruit |
| Monday-September 27 | Tuesday-September 28 | Wednesday-September 29 | Thursday-September 30 | |
| Bologna & Cheese Sandwich on a Bun Smucker's P B & Jelly Sandwich Cereal Lunch <u>Sides:</u> Carrots w/ Ranch Fresh & Cupped Fruit | Chicken Wrap Smucker's P B & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | Ham & Cheese Hoagie Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Carrots w/ Ranch Fresh & Cupped Fruit | Turkey & Cheese Sandwich on a Bun Smucker's PB & Jelly Sandwich Cereal Lunch Sides: Cold Veggie w/ Ranch 100% Fruit Juice & Fresh Fruit | USDA through June 30, 2022!!! |