

October 2024 Jackson Pool Schedule

Times are subject to change. Please check out Facebook page for updates @JCCPool or sign up for Remind: Jackson Indoor Pool Patrons.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	Oct 1	2	3	4	5
	5:30-8 am Lap/fitness Swim		5:30-8 am Lap Swim		5:30-8 am Lap Swim	
Noon - 1p.m Lap/Fitness Swim	6:48 am Deb's Aerobics		6:48 am Deb's Aerobics		6:48 am Deb's Aerobics	11:30-1 Lap/Fitness Swim
1-5p.m. Open Swim		11:30-1 Lap/Fitness Swim		11:30-1 Lap Swim		no open swim
	3:30-6:00 Racheal & Alex M	No Open Swim	3:30-6:00 Open Swim	3:30-8 Open Swim		
	6:00-7:30 Alex M.	may need coverage for xc	6:00-7:30 Lap Swim		mcw xc 3:30-5:30	
6	7	8	9	10	11	12
	5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim	
Noon - 1p.m Lap/Fitness Swim	6:48 am Deb's Aerobics		6:48 am Deb's Aerobics		6:48 am Deb's Aerobics	11:30-1 Lap/Fitness Swim
1-5p.m. Open Swim		11:30-1 Lap/Fitness Swim		11:30-1 Lap/Fitness Swim		1:00-5:00 Open Swim
				3:30-5:30 Open Swim		
	3:30-6:00 Open Swim	4:00-6:30 Lap/Fitness Swim	4:30-6:00 Gavin	5:30-8 Open Swim	mcw xc 4:00-6:00p.m - kylie	
	6:00-7:30 Lap/Fitness Swim	pep band 6:45	6:00-7:30 Gavin			
13	14	15	16	17	18	19
	5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim	11:30-1 Lap/Fitness Swim
Noon -1p.m Lap/Fitness Swim	6:48 am Deb's Aerobics		6:48 am Deb's Aerobics		6:48 am Deb's Aerobics	1:00-5:00 Open Swim
1-5p.m. Open Swim		11:30-1 Lap/Fitness Swim		11:30-1 Lap/Fitness Swim		
			MCW XC 3:30-5:30	1-6 pm Brenan & Alex	Open Swim 1-6 p.m	
	3:30-6:00 Open Swim	4:00-7:00 Anneliese	5:30-7:30 Lap/fitness Swim	6-8pm Open Swim		
	6:00-7:30 Lap/Fitness Swim					
20	21	22	23	24	25	26
	5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim	
Noon -1p.m Lap/Fitness Swim	6:48 am Deb's Aerobics		6:48 am Deb's Aerobics		6:48 am Deb's Aerobics	9:30-11:30 B day party
1-5p.m. Open Swim		11:30-1 Lap/Fitness Swim		11:30-1 Lap/Fitness Swim		11:30-1 Lap/Fitness Swim
	3:30-6:00 Open Swim		4:30-6:00 Lap Swim	3:30-6 Open Swim		1:00-5:00 Open Swim
	6:00-7:30 Lap Swim	4:00-7:00 Lap Swim	6:00-7:30 Lap Swim	6-8pm Open Swim	mcw xc 4:00-6:00p.m	5-7 p.m. Bday Party
		pep band Play off game			pep band - vb playoff	pep band - playoff game
27	28	29	30	31	November 1	
	5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim		5:30-8 am Lap/fitness Swim	11:30-1 Lap/Fitness Swim
Noon -1p.m Lap/Fitness Swim	6:48 am Deb's Aerobics	11:30-1 Lap/Fitness Swim	6:48 am Deb's Aerobics		6:48 am Deb's Aerobics	1:00-5:00 Open Swim
1-5p.m. Open Swim				11:30-1 Lap/Fitness Swim		
5-7 p.m. B-day party	3:30-6:00 Open Swim	4:00-7:00 Lap Swim	4:30-6:00 Lap Swim	3:30-6 Open Swim	playoff FB game	
	6:00-7:30 Lap Swim	SMAC Parents meeting	6:00-7:30 Lap Swim	6-8pm Open Swim	Open Swim 1-5	

