

May  
2022



## NES Staff Recharge Room



**Northside Elementary received a Staff Recharge Room as part of their Healthy School Team's staff wellness initiative. The room comes furnished with a sound machine, coffee bar, and a massage chair!**

**FREE REPORT CARD DAY**

**POOL**  
*Party*

**May 27, 2022**

**Smithville Golf Course Pool**  
**11am-5pm**

\*Adults must accompany any child under the age of 13.

**FREE ENTRANCE TO ALL SCHOOL-AGE CHILDREN THAT LIVE IN DEKALB COUNTY!**

**SELFIE BOOTH**

**PRIZES**

**FIRST 20 GET A FREE SNOW CONE!**

**LIVE MUSIC**

**POOL GAMES**

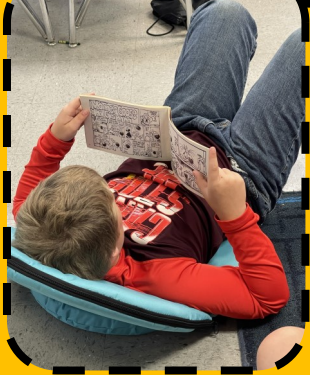
If the pool is closed due to weather, we will reschedule. Additional information on our Facebook page. Call (615) 580-9290 for more info.

Letting youth in DeKalb know you can live above the influence & stay drug and alcohol free!

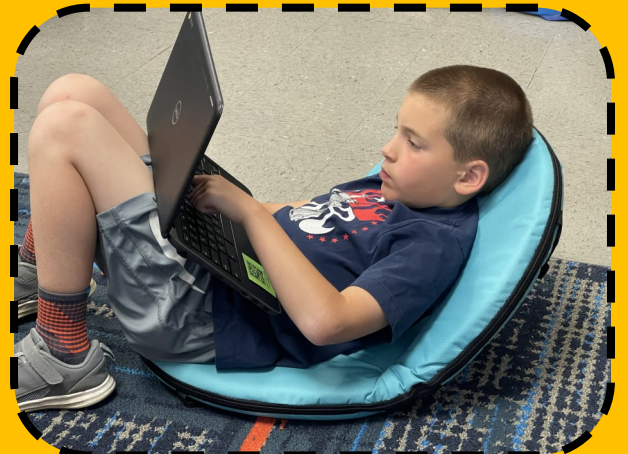




# Flexible Seating= Focused Students



Mrs. Melissa Sliger and Mrs. Jessica Antoniak's 3rd grade classes received some new flexible seats at DWS! Bean bag chairs, Shifted seats, Folding seats, and GoGo seat cushions! Active seating is fidget-friendly, so for children who squirm in their seats and can't resist the impulse to move, it's a way to channel their excess energy into constructive activities. Active seating acknowledges a child's need to move, but at the same time, keeps them sitting still enough so that teachers and other students may continue lessons uninterrupted.



## School Based Dental Prevention Program

### PREVENTION VS. TREATMENT



Sealants, free and at your school



Treatment, a costly trip to the dentist

Getting sealants are as easy as brushing your teeth and painless too!



For more information about our program and dental health, visit us on our website.

My child has already had sealants and sees a dentist regularly, should they participate?

**YES!**

Sealants can last for many years but if your child's sealants come off, we can replace them on all permanent back teeth as needed for **FREE!**

### Tooth Decay: The Problem

- Tooth decay is the single most common chronic childhood disease.
- About 1 of 5 (20%) children aged 5 to 11 years have at least one untreated decayed tooth.

### Dental Sealants: The Solution

- Dental sealants are thin plastic coatings applied to the grooves on the chewing surfaces of the back teeth.
- Sealants prevent tooth decay and also stop cavities from growing.

### Prevention vs. Treatment

- Prevention - Sealants are a short & easy process. The chewing surfaces of teeth are cleaned; sealants are painted into the grooves of chewing surfaces; the sealant is bonded to the tooth.
- Treatment requires an appointment with the dentist and may include (drilling) removing tooth structure/ replacing tooth structure.

SES, DMS, and DWS participated in the TN Dept. of Health Dental Sealant program this school year.

This program provides dental screenings, sealants, Silver Diamine Fluoride applications, and fluoride treatments to participating students free of charge.

This program reached 232 students with a total value of \$35,932.10 worth of services.