



FRAZIER SCHOOL DISTRICT
Inspire and Empower
HIGH SCHOOL
NOVEMBER 2025



Lunch Menu

Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.85



Monday	Tuesday	Wednesday	Thursday	Friday
3 Penne Pasta w/ Meat Sauce, Garlic Breadstick Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	4 Nachos Grande Beef, Cheese, Sr Cream, Salsa Seasoned Corn Fruit & Vegetable Bar Milk Choice	5 Corn Dogs Crispy Tatar Tots Baked Beans Fruit & Vegetable Bar Milk Choice	6 Baked Italian Hoagie Potato Chips Seasoned Carrots Fruit & Vegetable Bar Milk Choice	7 School Made Pizza w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
10 Chicken Parmesan Sandwich Seasoned Peas Fruit & Vegetable Bar Milk Choice	11 	12 BBQ, Bacon, Cheese Steak Burger Golden Potato Smiles Fruit & Vegetable Bar Milk Choice	13 Holiday Meal All The Fixins' Yummy Dessert Fruit & Vegetable Bar Milk Choice	14 Personal Pan Pizza Mini Salad Buttered Corn Fruit & Vegetable Bar Milk Choice
17 Cream Chicken over Biscuit Mashed Potato w/ Gravy Fruit & Vegetable Bar Milk Choice	18 Walking Taco w/ Cheese, Lettuce, Sr Cream Salsa, Churro & Veggie Fruit & Vegetable Bar Milk Choice	19 Creamy Mac & Cheese Mini Loaf Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	20 General Tso' Rice, Egg Roll Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	21 Italian Dunker Sticks w/ Marinara Sauce Seasoned Carrots Fruit & Vegetable Bar Milk Choice
24 Chicken Tender Basket Crinkle Cut French Fries Soft Pretzel Rod Fruit & Vegetable Bar Milk Choice	25 French Toast Sticks Sausage Links Golden Hashbrowns Fruit & Vegetable Bar Milk Choice	26	27 	28
				

Daily Alternates may included
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad w/Choice of Meat,
 Croutons & Dinner Roll
 Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes,
 Bananas, Seasonal Fruits, , Baby
 Carrots, Cucumber Slices and Celery
 Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Students are offered low fat and non fat milk choices daily and is included with all meals

The Frazier School District Food Service
 Department needs Cafeteria Workers
 Applications available at the Administratin Office

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
 cmansberry@fraizersd.org