



# FEBRUARY 2026

## INGRAM TOM MOORE HIGH & MIDDLE SCHOOL

Breakfast Served 7:15am to 7:45am  
Second Breakfast Served:  
8:30am to 8:45am

Monday	Tuesday	Wednesday	Thursday	Friday
WG French Toast Sticks Or WG Cereal Fruit 100% Fruit Juice Milk	WG Muffin And WG Cereal Fruit 100% Fruit Juice Milk	WG Biscuit & Sausage Or WG Cereal Fruit 100% Fruit Juice Milk	Egg, Cheese,Sausage on Bun Or WG Cereal 100% Fruit Juice Milk	WG Cinnamon Roll Or WG Cereal Fruit 100% Fruit Juice Milk
WG Pancake Sausage on Stick Or WG Cereal Fruit 100% Fruit Juice Milk	Oatmeal & Cinnamon Toast Or WG Cereal Fruit 100 Fruit Juice Milk	WG Biscuit & Sausage Or WG Cereal Fruit 100% Fruit Juice Milk	Breakfast Taco Or WG Cereal Fruit 100% Fruit Juice Milk	NO SCHOOL
NO SCHOOL	WG Muffin And WG Cereal Fruit 100% Fruit Juice Milk	WG Biscuit & Sausage Or WG Cereal Fruit 100% Fruit Juice Milk	Eggs, Hashbrown, Toast/jelly Or WG Cereal Fruit 100% Fruit Juice Milk	WG Breakfast Pizza Or WG Cereal Fruit 100% Fruit Juice Milk
WG French Toast Sticks Or WG Cereal Fruit 100% Fruit Juice Milk	WG Donut & Sausage Patty Or WG Cereal Fruit 100% Fruit Juice Milk	WG Biscuit & Sausage Or WG Cereal Fruit 100% Fruit Juice Milk	Egg Omelet, Hashbrown with Toast/Jelly Or WG Cereal Fruit 100% Fruit Juice Milk	WG Breakfast Burrito Or WG Cereal Fruit 100% Fruit Juice Milk



Remember To Start Each Day With A Healthy Breakfast  
Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Asst Fruits Offered Daily  
Assorted Cereal Bowl Paks Offered Daily and All Bread Items Are Whole Grains  
\*ALL MENUS ARE SUBJECT TO CHANGE  
\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

