

Kendrick School District #283

School Counseling Program

2022-2023

Components:

1. Elementary
2. Junior High and High School – Social & Emotional
3. High School - College and Career Planning
4. Miscellaneous Duties

Elementary

Services:

Individual Counseling (as needed) (Grades K-6)

Small Group Counseling (weekly basis) (Grades 2–6)

Classroom Discussions/Lessons (K-6)

Notes on Individual Counseling

- Typically, individual counseling will take place on an “as needed” basis. I will follow up with students who are referred to me by school staff, parents/guardians, or by the student’s request.
- Students who warrant more regular counseling will be added to the “Regular Check-Ins” sheet. Typically, I meet with these students on a bi-weekly to monthly basis.
- If students require more intensive therapy services, I will assist their families in referring them to outside counseling.

Notes on Small Groups

- All 2nd – 6th grade students participate in small group lessons throughout the year (minimum of 6 sessions each).
- There will be a new focus each year, which will derive from evidence-based school counseling curriculum. The theme for 2021-2022 was building resiliency skills. The theme for 2022-23 will be self-esteem.

- Groups consist of 4-5 students and will remain the same throughout the year.
- On average, I meet with 6 groups per week.

Notes on Classroom Discussions/Lessons

- Typically, classroom discussions will take place on a “as needed” basis.
- Discussions will focus on topics that are pertinent to the class (conflict resolution, test taking strategies, advancing to 7th grade, etc.).

Junior High and High School -

Social & Emotional

Services:

Individual Counseling (as needed) (7th - 12th)

Small Group Counseling (as needed) (7th – 12th)

Student – Staff Connections (monthly basis)

Notes on Individual Counseling

- Typically, individual counseling will take place on an “as needed” basis. I will follow up with students who are referred to me by school staff, parents/guardians, or by the student’s request.
- Students who warrant more regular counseling will be added to the “Regular Check-Ins” sheet. I will meet with them on a bi-weekly to monthly basis.
- If students require more intensive therapy services, I will assist their families in referring them to outside counseling.

Notes on Referral Process (New for 2022)

- I no longer accept “walk-in” appointments (except for crisis situations).
- Students must request to meet with me in one of these three ways:
 1. Asking me in person
 2. Emailing me
 3. Filling out one of the referral slips outside of my door

- Once they have reached out to me, I will add them to a “check-in” list.
- I will then meet with them at my convenience, as well as their teacher’s.
- I typically meet with the student on the same day as their request.

Notes on Small Groups:

- I provide small group counseling as needed.
- Small groups are typically conducted due to the following reasons:
 1. Group of students dealing with the same issue.
 2. Students feeling more comfortable with peer support.
 3. Students selected for a themed group (anxiety, mindfulness, etc.).

High School – College and Career

Services:

College and Military Recruiter Visits

Trade Representatives Visits

College and Career Events

Individual Career Counseling

Recruiters (2022-23):

LCSC (date: 10/4/22)

National Guard (date: 9/22/22)

University of Idaho (date: 9/27/22)

LCSC Follow Up (date: 2/8/23)

U of I Follow Up (date: 3/8/23)

LCSC Diesel Mechanic Program (date: 4/4/2023)

Events (2022-23):

(* denotes whole class event)

*Apply Idaho (date: 10/5/22)

U of I Envision (October)

*PSAT Day (date: 10/12/22)

*ASVAB (date: 11/9/22)

*ASVAB Career Class (date:12/9/22)

*FAFSA Night (date: 11/3/22)

*Higher Education Day (date: 3/22/23)

*SAT Day: (date: 4/12/23)

UI Bound (All spring)

UI Sneak Peak for Juniors (4/14/23)

Warrior Preview for Juniors (4/21/23)

*Dream It Do It (date: 5/17/23)

By Grade:

Freshmen:

College and Career Counseling Available

Sophomores:

PSAT

ASVAB Test

ASVAB Career Class

College and Career Counseling Available

Juniors:

Military, college and trade classroom presentations (minimum of 4 opportunities)

Dream It Do It

Higher Education Day

SAT

College & Career Counseling Available

Individual College Events (Envision, Sneak Peek, etc.)

Seniors:

Military, college and trade classroom presentations (minimum of 4 opportunities)

Apply Idaho

FAFSA Night

Individual College Visits

College & Career Counseling Available

Individual College Events (Envision, Sneak Peek, etc.)

Miscellaneous Duties

Duties:

District Test Coordinator

IDLA Coordinator

Dual Credit Liaison

Scheduling

Leader in Me Lighthouse Team

Leader in Me Action Team: Staff WIGs

ISEE Upload Team

Crisis Team

Attendance Committee Member