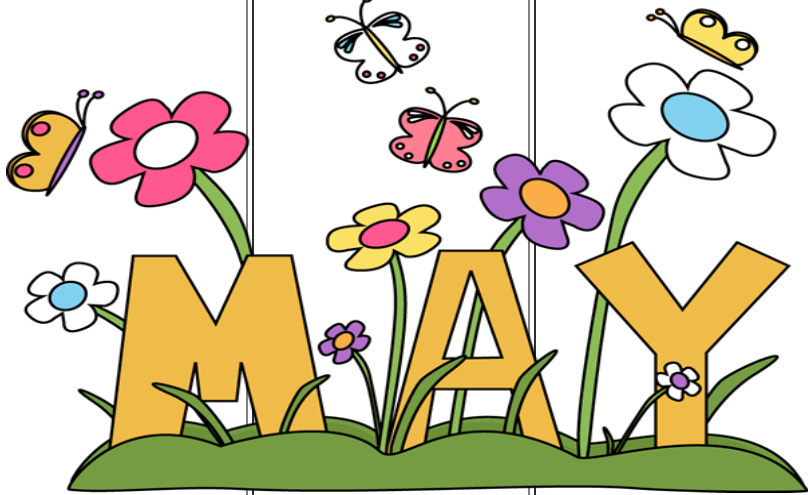


Lunch 8-12 High School

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Chicken Quesadillas Chix Patty Sandwich Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Spinach Salad California Veggies Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Southern Mud Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup</p>	<p>2</p> <p>Mexican Pizza Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Mixed Vegetables Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie</p>
<p>5</p> <p>Cheesy Chix /Rice Turkey & Cheese/Bun Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Banana Pudding</p>	<p>6</p> <p>Cheeseburger Corn Dog Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie</p>	<p>7</p> <p>Chicken Tenders Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Variety of Dipping Sauce</p>	<p>8</p> <p>Roasted Chix Wings Chili Dog Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Garden Salad W/Dressing Seasoned Green Beans Cheesy Msh Potatoes Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Brownies</p>	<p>9</p> <p>Chili Cheese/Corn Chips Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares</p>
<p>12</p> <p>Spaghetti/Meat Sauce Ham & Cheese on Bun Fruit and Yogurt To Go Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Assorted Puddings</p>	<p>13</p> <p>Southern Chicken Sandwich Cheeseburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Sweet Potatoes Fries Cucumber Slices w/Dip Baked Beans Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Graham Crackers Mayonnaise Mustard Ketchup</p>	<p>14</p> <p>Chicken with Alfredo Sauce Turkey & Cheese/Bun Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Banana Pudding</p>	<p>15</p> <p>Beef-A-Roni Chix Patty Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Assorted Puddings</p>	<p>16</p> <p>Walking Tacos Corn Dog Chef Salad Croutons Saltine Crackers Ranch Dressing Spanish Rice Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Brk Bread</p>

19	20	21	22	23
Stuffed Crust Pizza Turkey & Cheese/Bun Fruit and Yogurt To Go Grilled Chicken Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Tater Tots Cucumber Slices w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Tart Lemon Squares	Hamburger Steak/Gravy Corn Dog Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Mashed Potatoes Black-Eyed Peas Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Puddings	Manager's Choice	Manager's Choice	Manager's Choice
26	27	28	29	30
Holiday	Manager's Choice	Manager's Choice	Manager's Choice	

This institution is an equal opportunity provider.