

## SEAC Meeting Minutes January 1, 2026

In attendance: Carol Johnson, Tanya Cox, Nicole Champney and Ashley Settle.

Meeting Started at 6:02 pm

Reading/approved minutes from meeting held on November 25, 2025.

Council Notes from Tanya Cox: Completed 90 minutes free online training on Emotional Regulation for Neurodivergent Kids Masterclass with Emily Hamblin.

Completed 15 hours free online training. The Sensory Journey Summit through ClimbRx. I highly recommend this training. The training schedule and topics will be attached to this document.

Guest speaker: Lizzett Uria from PEATC

Located in Warrenton Va.

This organization provides parent training and an Information center. They help parents have a voice for their child. They provide direct assistance (for example help understanding IEPs).

Training for parents (workshops, Courses and more)

This organization also works with DARS and the Va. department of Education. Lizzett will email her power point notes to Carol.

Parent Support Group: Had to cancel the January meeting due to snow.

The next meetings will be held 2/11/2026. Flyers will be going out 2/2/2026.

Child adult relationship enhancement class through Encompass.

Carol is still working on.

No public comment