

Demarest Middle School



May 29, 2026

Important Upcoming Dates:

- 6/5 Field Day
- 6/16 4th Grade Visit / Parent Night
- 6/16 8th Grade Dance
- 6/17 8th Grade BBQ and Class Picture
- 6/23 Graduation
- 6/24 Last Day of School

Field Day

The DMS student council will be hosting our annual field day festivities on June 5th with a rain date of June 12th. This year our activities will be held here at DMS as Wakelee Field is currently under construction. Students are encouraged to wear red and white clothing, sunscreen and to bring a whole lot of school spirit.

Track and Field Championship

On May 26th DMS participated in the final track meet for the 2026 season. Congratulations to our boys who were the Northern Valley Champions and to the DMS girls for bringing home the regional runner up award.

Washington DC Trip

Last week our eighth graders went on the annual trip to Washington DC. This trip included visits to monuments, museums, Arlington National Cemetery, and the Capitol building.

Demarest Municipal Alliance: Center for Alcohol and Drug Resources

On May 27th DMS 8th graders were visited by prevention specialists to conduct a program entitled *Generation rX*. This is a nation wide initiative to promote using medication safely and strategies to turn down invitations for misuse.

Appreciation to the Demarest Police for organizing the event.

Fourth Grade Visit

On June 16th all fourth graders will have the opportunity to visit DMS. They will meet with Mr. Regan and some eighth graders for an overview of the middle school experience. The fourth grade class will then meet with each of their upcoming teachers. At 5:30PM parents of the fourth grade class are invited to DMS for an orientation meeting.

Fall Sports

Next fall we will be hosting the following athletic teams:

- Boys Soccer
- Girls Soccer
- Boys Volleyball
- Girls Volleyball

Students are eligible to tryout for athletics teams at DMS if they are in grades 6 - 8. If your child wishes to play either sport in the fall of 2026, please have them sign up with Mrs. McDermott, starting Monday, June 1st. More information will be shared over the summer.

Please note in order for children to play in school sports they must have a current Physical on file in the School Health Office. A current physical is one done within 365 days to the start of the season.

Students and parents will also need to sign off on information packets and turn in the sign off sheets. The state required physical form and information packets can be found under the athletics tab on the [nurse's website](#). The deadline to turn in physical forms for fall sports will be August 26th.