

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Cumberland County Schools



THE
PARENT
INSTITUTE®

February 2022

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Have a silent dinner. Then, during dessert, have family members share what they were thinking about.
- 2. It's Groundhog Day. How many words can your child make from the letters in the word GROUNDHOG?
- 3. Talk about all the things your child does right. List as many things as you can.
- 4. Have each family member write a funny sentence. Put them together to make a story.
- 5. Share an inspirational quote with your child.
- 6. When you read aloud, choose an suspenseful place to stop. Ask your child, "What do you think will happen next?"
- 7. Ask your child to name her favorite sport, and say why she likes it.
- 8. Watch the news with your child. Choose a person of the week. Together, read more about that person.
- 9. See how many words your child can use to describe the sky today.
- 10. With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.
- 11. Figure out the average of something with your child, such as family members' ages.
- 12. Visit a local or online art museum with your child and talk about the paintings.
- 13. Have your child write a special Valentine's message to someone who is sick or lonely. Help him send or deliver it.
- 14. Remind your child that you enjoy her company and let her know you love her.
- 15. Pick a category (cities, animals) and a letter. How many items from that category can your child name that begin with that letter?
- 16. Does your child need new books? Help him organize a neighborhood book swap.
- 17. Give your child weekly tickets worth 30 minutes of recreational screen time each. Let her cash in unused tickets for small treats.
- 18. Have your child design a new cover for a much-loved book.
- 19. At dinner, ask everyone to share something that made them happy this week.
- 20. Schedule a 20-minute family D.E.A.R. time (Drop Everything And Read).
- 21. At bedtime, allow a few minutes after the light is off for a quiet conversation with your child.
- 22. It's the birthday of George Washington. How many facts can your child list about this famous president?
- 23. Talk with your child about a choice you have made. Then talk about the consequences.
- 24. Look for a TV program on science or history. Watch it with your child.
- 25. Have family members write reviews of books they've read.
- 26. Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.
- 27. Look at a blank map of the country together. Can your child name the states or provinces that surround yours?
- 28. Make up trivia questions about your family. Quiz one another at the dinner table.