

JANUARY 2026

INGRAM TOM MOORE HIGH SCHOOL

BREAKFAST IN CLASS-
ROOM
7:50Am to 8:44am

Monday
Tuesday
Wednesday
Thursday
Friday

SCHOOL
HOLIDAY

SCHOOL
HOLIDAY

WG Cinnamon Filled Bar
Fruit
100% Apple Juice
Milk

WG Poptart
w/Goldfish Crackers
Fruit
100% Fruit Juice
Milk

WG Banana Bread
Fruit
100% Juice
Milk

WG Cereal Bar
w/Grahams
Apple
100% Orange Juice
Milk

WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

WG Muffin
Fruit
100% Apple Juice
Milk

WG Mini Pancakes
Fruit
100% Fruit Juice
Milk

WG Donuts
Fruit
100% Juice
Milk

SCHOOL
HOLIDAY

WG Cereal Bar
w/Grahams
Fruit
100% Orange Juice
Milk

WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

WG Mini Cinni Rolls
Fruit
100% Fruit Juice
Milk

WG Poptart
w/Goldfish Crackers
Fruit
100% Fruit Juice
Milk

WG Cereal Bar
w/Grahams
Apple
100% Orange Juice
Milk

WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

WG Muffin
Fruit
100% Apple Juice
Milk

WG Poptart
w/Goldfish Crackers
Fruit
100% Fruit Juice
Milk

WG Donuts
Fruit
100% Juice
Milk

Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Asst Fruits Offered Daily

*ALL MENUS ARE SUBJECT TO CHANGE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER