

# DECEMBER 2022

## EGJH & TVHS menu

A variety of condiments are available.

Fat free & 1% milk offered daily.

\*\*MENU items are subject to change\*\*

This Institution is an Equal Opportunity Provider



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Ham & Cheese combo **5**  
 Chicken Strips  
 Mashed potatoes & Gravy w/ roll  
 Corn  
 Garden Salad  
 Sun Butter & jelly on WW

WG Blueberry Muffin Top **6**  
 Meatball Sub  
 Pickle Spear  
 Garden Salad  
 Sun Butter & jelly on WW

Pancake Sausage on a stick **7**  
 Chili w/ corn bread  
 Sliced cucumbers  
 Garden Salad  
 Sun Butter & Jelly on ww  
**DOMINO'S Pizza @ EGJH**

Benefit Bar **8**  
 Chicken Nuggets  
 Scalloped Potatoes  
 Cooked Carrots  
 Garden Salad  
 Sun Butter & jelly on WW

WG Waffles **9**  
 Pizza  
 Celery sticks  
 Garden Salad  
 Sun Butter & jelly on WW  
**DOMINO'S PIZZA @ TVHS**

Breakfast taco **12**  
 Chicken Fajita Rice Bowl  
 Salsa  
 Garden Salad  
 Sun Butter & jelly on WW

WG Banana Muffin **13**  
 Roasted Chicken  
 Mashed potatoes & gravy  
 Mixed Veggies  
 Garden salad  
 Sun Butter & jelly on WW

WG Donut Holes **14**  
**DOMINO'S @ EGJH**  
 Grilled Cheese sandwich on WW  
 Tater tots & pickle spear  
 Garden Salad  
 Sun Butter & jelly on WW  
**DOMINO'S Pizza @ EGJH**

Breakfast Pizza **15**  
 Pasta Marinara  
 Green Beans  
 Garlic bread & WG roll  
 Garden Salad  
 Sun Butter & jelly on WW


Pop Tarts **16**  
 PIZZA STICKS w/ marinara sauce  
 Carrots  
 Sun butter & Jelly on WW  
 Garden Salad

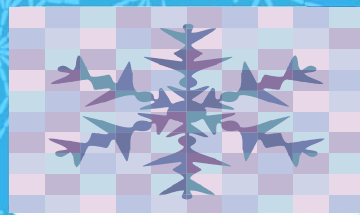
Frudel **19**  
 Corn Dog  
 Scalloped Potatoes  
 Garden Salad  
 Sun Butter & Jelly on WW

Benefit Bar **20**  
 Pork Burrito's  
 Diced tomatoes  
 Salsa  
 Garden Salad  
 Sun Butter & jelly on WW

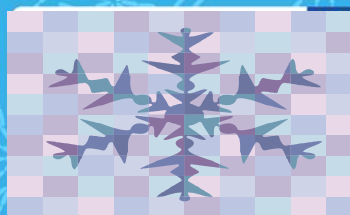
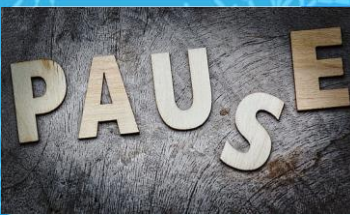
WG Chocolate muffin **21**  
 Spaghetti & meatballs  
 Breadstick & Broccoli  
 Garden Salad  
 Sun Butter & jelly on WW  
**DOMINO'S Pizza @ EGJH**

Ham & Cheese combo **22**  
 Cheeseburger  
 Baked Fries  
 Garden Salad  
 Sun Butter & jelly on WW

**GRADING DAY!** **23**  
**NO SCHOOL!**  
**See you next year!!**  




*enjoy a book*



Breakfast is served with 4oz. juice and/ or fruit and milk. Fresh or package fruit and/ or veggies are offered daily.  
 Bottled water is available for purchase at all meals.

For more information please visit our website at: [www.tanq.org](http://www.tanq.org)